

CANA Zone IV Swimming Championship-Angola 2023
Luanda, 3 - 6/5/2023

1 - Morning Session - 3 May 2023

03/05/2023 - 9:30

Event 1 Girls, 800m Freestyle 14 years and younger
03/05/2023 - 9:30 Results

RECORD 9:32.31 COETZEE, Lise RSA 16/02/2019

Rank			Age						Time			
1.	NAUKOSHO, Ainoa		12	NAM			10:34.66	10:10.10	18,00			
	100m:	1:11.93	1:11.93	300m:	3:45.17	1:17.18	500m:	6:20.07	1:18.03	700m:	8:56.31	1:17.79
	200m:	2:27.99	1:16.06	400m:	5:02.04	1:16.87	600m:	7:38.52	1:18.45	800m:	10:10.10	1:13.79
2.	SANTO, Rhanya		13	ANG			10:39.36	10:25.55	16,00			
	100m:	1:10.45	1:10.45	300m:	3:45.40	1:18.32	500m:	6:27.11	1:21.61	700m:	9:09.09	1:20.34
	200m:	2:27.08	1:16.63	400m:	5:05.50	1:20.10	600m:	7:48.75	1:21.64	800m:	10:25.55	1:16.46
3.	AH CHIP, CHLOE		14	MRI			10:34.43	10:31.25	14,00			
	100m:	1:15.26	1:15.26	300m:	3:53.39	1:19.04	500m:	6:33.08	1:20.05	700m:	9:13.10	1:19.67
	200m:	2:34.35	1:19.09	400m:	5:13.03	1:19.64	600m:	7:53.43	1:20.35	800m:	10:31.25	1:18.15
4.	MPFUMO, Marta C		13	MOZ			11:11.20	10:56.82	12,00			
	100m:	1:12.26	1:12.26	300m:	3:56.16	1:23.71	500m:	6:44.99	1:24.81	700m:	9:34.78	1:24.43
	200m:	2:32.45	1:20.19	400m:	5:20.18	1:24.02	600m:	8:10.35	1:25.36	800m:	10:56.82	1:22.04
5.	TOME, Zuri R		13	MOZ			11:38.95	10:57.52	11,00			
	100m:	1:15.73	1:15.73	300m:	4:02.88	1:25.69	500m:	6:51.84	1:24.07	700m:	9:39.60	1:23.60
	200m:	2:37.19	1:21.46	400m:	5:27.77	1:24.89	600m:	8:16.00	1:24.16	800m:	10:57.52	1:17.92
6.	GEYSER, Mikayla		14	NAM			11:17.50	10:59.93	10,00			
	100m:	1:15.29	1:15.29	300m:	4:00.08	1:22.89	500m:	6:49.79	1:25.44	700m:	9:40.20	1:25.27
	200m:	2:37.19	1:21.90	400m:	5:24.35	1:24.27	600m:	8:14.93	1:25.14	800m:	10:59.93	1:19.73
7.	KESIILWE, Kutlo L		13	BOT			11:18.71	11:21.64	9,00			
	100m:	1:15.46	1:15.46	300m:	4:04.84	1:25.96	500m:	7:00.62	1:28.99	700m:	9:57.09	1:27.82
	200m:	2:38.88	1:23.42	400m:	5:31.63	1:26.79	600m:	8:29.27	1:28.65	800m:	11:21.64	1:24.55
8.	MUTIE, Muela		12	BOT			11:54.52	11:43.72	8,00			
	100m:	1:17.84	1:17.84	300m:	4:13.31	1:30.14	500m:	7:13.63	1:30.11	700m:	10:16.15	1:30.48
	200m:	2:43.17	1:25.33	400m:	5:43.52	1:30.21	600m:	8:45.67	1:32.04	800m:	11:43.72	1:27.57
9.	MBEWE, Winnie M		13	ZAM			12:17.93	12:02.11	7,00			
	100m:	1:21.32	1:21.32	300m:	4:22.61	1:31.69	500m:	7:28.41	1:33.50	700m:	10:33.35	1:32.91
	200m:	2:50.92	1:29.60	400m:	5:54.91	1:32.30	600m:	9:00.44	1:32.03	800m:	12:02.11	1:28.76
10.	DESAI, Ayanna M		12	ZAM			12:18.82	12:23.23	6,00			
	100m:	1:22.46	1:22.46	300m:	4:28.31	1:34.18	500m:	7:39.30	1:35.66	700m:	10:51.13	1:35.90
	200m:	2:54.13	1:31.67	400m:	6:03.64	1:35.33	600m:	9:15.23	1:35.93	800m:	12:23.23	1:32.10
11.	JANOTA, Nelma		13	ANG			12:42.71	12:25.80	5,00			
	100m:	1:23.42	1:23.42	300m:	4:30.75	1:35.15	500m:	7:40.88	1:34.58	700m:	10:55.17	1:36.85
	200m:	2:55.60	1:32.18	400m:	6:06.30	1:35.55	600m:	9:18.32	1:37.44	800m:	12:25.80	1:30.63

Event 2 Boys, 800m Freestyle 14 years and younger
03/05/2023 - 9:55 Results

RECORD 9:28.58 PILLAY, Leshen A RSA 16/02/2019

Rank			Age						Time	
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CANA Zone IV Swimming Championship-Angola 2023
Luanda, 3 - 6/5/2023

Event 2, Boys, 800m Freestyle

1.	NAKHUDA, ALYOSHA	14	MRI	9:38.84	9:39.27	18,00
	100m: 1:05.85 1:05.85	300m: 3:30.59 1:13.42	500m: 5:58.72 1:13.99	700m: 8:28.31 1:14.83		
	200m: 2:17.17 1:11.32	400m: 4:44.73 1:14.14	600m: 7:13.48 1:14.76	800m: 9:39.27 1:10.96		
2.	MULENGA, Joshua	14	ZAM	10:57.06	10:07.06	16,00
	100m: 1:07.92 1:07.92	300m: 3:37.29 1:16.55	500m: 6:13.96 1:18.68	700m: 8:51.25 1:18.28		
	200m: 2:20.74 1:12.82	400m: 4:55.28 1:17.99	600m: 7:32.97 1:19.01	800m: 10:07.06 1:15.81		
3.	DESAI, Aaryan S	14	ZAM	10:48.70	10:17.87	14,00
	100m: 1:10.12 1:10.12	300m: 3:46.20 1:18.80	500m: 6:26.74 1:20.48	700m: 9:01.60 1:19.41		
	200m: 2:27.40 1:17.28	400m: 5:06.26 1:20.06	600m: 7:42.19 1:15.45	800m: 10:17.87 1:16.27		
4.	SOUSA, Guilherme	14	ANG	11:22.24	10:32.55	12,00
	100m: 1:09.14 1:09.14	300m: 3:46.05 1:19.02	500m: 6:30.79 1:22.92	700m: 9:19.21 1:24.82		
	200m: 2:27.03 1:17.89	400m: 5:07.87 1:21.82	600m: 7:54.39 1:23.60	800m: 10:32.55 1:13.34		
5.	DOS SANTOS, Abdul R	14	MOZ	10:17.42	10:34.15	11,00
	100m: 1:10.45 1:10.45	300m: 3:42.73 1:16.93	500m: 6:23.91 1:22.07	700m: 9:12.80 1:25.16		
	200m: 2:25.80 1:15.35	400m: 5:01.84 1:19.11	600m: 7:47.64 1:23.73	800m: 10:34.15 1:21.35		
6.	JAMES, Abongile M	14	RSA	11:28.22	10:41.43	10,00
	100m: 1:09.75 1:09.75	300m: 3:51.46 1:22.50	500m: 6:39.81 1:24.18	700m: 9:25.05 1:22.37		
	200m: 2:28.96 1:19.21	400m: 5:15.63 1:24.17	600m: 8:02.68 1:22.87	800m: 10:41.43 1:16.38		
7.	MENETE, Lazaro H	13	MOZ	11:32.95	10:44.92	9,00
	100m: 1:09.97 1:09.97	300m: 3:51.88 1:22.34	500m: 6:38.80 1:23.11	700m: 9:25.98 1:21.63		
	200m: 2:29.54 1:19.57	400m: 5:15.69 1:23.81	600m: 8:04.35 1:25.55	800m: 10:44.92 1:18.94		
8.	MANUEL, Silverio	14	ANG	11:03.62	10:50.25	8,00
	100m: 1:10.75 1:10.75	300m: 3:50.11 1:20.69	500m: 6:36.25 1:23.52	700m: 9:26.08 1:25.26		
	200m: 2:29.42 1:18.67	400m: 5:12.73 1:22.62	600m: 8:00.82 1:24.57	800m: 10:50.25 1:24.17		
9.	MAKWENDA, JEREMIAH T	13	MAW	11:53.98	11:25.32	7,00
	100m: 1:17.39 1:17.39	300m: 4:07.72 1:25.14	500m: 7:01.76 1:31.96	700m: 10:03.80 1:30.89		
	200m: 2:42.58 1:25.19	400m: 5:29.80 1:22.08	600m: 8:32.91 1:31.15	800m: 11:25.32 1:21.52		
10.	CAPLE, Preston	13	BOT	11:28.02	11:32.87	6,00
	100m: 1:12.99 1:12.99	300m: 4:05.31 1:27.64	500m: 7:06.24 1:30.97	700m: 10:08.80 1:31.07		
	200m: 2:37.67 1:24.68	400m: 5:35.27 1:29.96	600m: 8:37.73 1:31.49	800m: 11:32.87 1:24.07		

Event 3

Women, 800m Freestyle

15 - 29 years

03/05/2023 - 10:20

Results

RECORD 9:35.85 MUNDELL, Christin RSA 16/02/2017

Rank		Age		Time		
1.	RIGBY, Hannah P	15	RSA	9:49.13	9:55.65	18,00
	100m: 1:09.92 1:09.92	300m: 3:40.91 1:15.48	500m: 6:10.21 1:14.05	700m: 8:41.04 1:15.81		
	200m: 2:25.43 1:15.51	400m: 4:56.16 1:15.25	600m: 7:25.23 1:15.02	800m: 9:55.65 1:14.61		
2.	PIO, Teegan	17	RSA	9:56.52	10:06.40	16,00
	100m: 1:10.29 1:10.29	300m: 3:43.37 1:16.63	500m: 6:16.47 1:16.49	700m: 8:51.19 1:17.11		
	200m: 2:26.74 1:16.45	400m: 4:59.98 1:16.61	600m: 7:34.08 1:17.61	800m: 10:06.40 1:15.21		
3.	SANTO, Rafaela	18	ANG	10:33.73	10:15.21	14,00
	100m: 1:11.21 1:11.21	300m: 3:44.81 1:17.45	500m: 6:20.98 1:18.14	700m: 8:58.83 1:18.82		
	200m: 2:27.36 1:16.15	400m: 5:02.84 1:18.03	600m: 7:40.01 1:19.03	800m: 10:15.21 1:16.38		
4.	HUMPHREY, Jessica	15	NAM	10:23.74	10:20.36	12,00
	100m: 1:11.86 1:11.86	300m: 3:48.42 1:18.89	500m: 6:27.29 1:20.14	700m: 9:04.82 1:18.38		
	200m: 2:29.53 1:17.67	400m: 5:07.15 1:18.73	600m: 7:46.44 1:19.15	800m: 10:20.36 1:15.54		
5.	VIEIRA, Alexia	15	ANG	10:11.03	10:29.05	11,00
	100m: 1:12.76 1:12.76	300m: 3:51.56 1:19.72	500m: 6:31.01 1:19.99	700m: 9:12.72 1:20.68		
	200m: 2:31.84 1:19.08	400m: 5:11.02 1:19.46	600m: 7:52.04 1:21.03	800m: 10:29.05 1:16.33		

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Luanda, 3 - 6/5/2023

Event 3, Women, 800m Freestyle, 15 - 29 years

Rank			Age						Time			
6.	KINNAIRD, Levette B		16		NAM		10:28.09		10:36.79 10,00			
	100m:	1:12.93	300m:	3:53.44	1:21.11	500m:	6:35.59	1:21.03	700m:	9:18.72	1:21.63	
	200m:	2:32.33	1:19.40	400m:	5:14.56	1:21.12	600m:	7:57.09	1:21.50	800m:	10:36.79	1:18.07
7.	FERNANDES, Sophie M		16		MOZ		11:33.91		10:44.95 9,00			
	100m:	1:12.67	300m:	3:53.98	1:21.52	500m:	6:40.40	1:23.54	700m:	9:28.57	1:23.98	
	200m:	2:32.46	1:19.79	400m:	5:16.86	1:22.88	600m:	8:04.59	1:24.19	800m:	10:44.95	1:16.38
8.	HOY, Hayley		15		SWZ		11:03.16		11:09.32 8,00			
	100m:	1:14.76	300m:	4:02.12	1:24.90	500m:	6:53.92	1:25.99	700m:	9:47.28	1:26.61	
	200m:	2:37.22	1:22.46	400m:	5:27.93	1:25.81	600m:	8:20.67	1:26.75	800m:	11:09.32	1:22.04
9.	DOMINGUES, Ana Beatriz F		15		MOZ		11:18.39		11:11.67 7,00			
	100m:	1:15.65	300m:	4:02.92	1:24.58	500m:	6:55.47	1:26.61	700m:	9:48.49	1:26.19	
	200m:	2:38.34	1:22.69	400m:	5:28.86	1:25.94	600m:	8:22.30	1:26.83	800m:	11:11.67	1:23.18

Event 4 Men, 800m Freestyle 15 - 29 years
03/05/2023 - 10:45 Results

RECORD 8:34.68 PEDRO, PINOTES ANG 20/04/2016

Rank			Age						Time			
1.	DURAND, Oliver B		15		NAM		9:06.48		8:45.89 18,00			
	100m:	59.95	300m:	3:12.61	1:06.84	500m:	5:29.03	1:07.81	700m:	7:41.83	1:04.94	
	200m:	2:05.77	1:05.82	400m:	4:21.22	1:08.61	600m:	6:36.89	1:07.86	800m:	8:45.89	1:04.06
2.	MASCARENHAS, Henrique		21		ANG		8:54.15		8:58.34 16,00			
	100m:	1:02.93	300m:	3:17.97	1:07.70	500m:	5:32.66	1:06.86	700m:	7:49.74	1:08.87	
	200m:	2:10.27	1:07.34	400m:	4:25.80	1:07.83	600m:	6:40.87	1:08.21	800m:	8:58.34	1:08.60
3.	ESSLINGER, Nico		17		NAM		9:21.20		9:04.03 14,00			
	100m:	1:03.39	300m:	3:20.45	1:08.83	500m:	5:38.99	1:08.93	700m:	7:57.71	1:09.09	
	200m:	2:11.62	1:08.23	400m:	4:30.06	1:09.61	600m:	6:48.62	1:09.63	800m:	9:04.03	1:06.32
4.	FAFTINE, Kaio d		17		MOZ		9:31.33		9:08.82 12,00			
	100m:	1:05.04	300m:	3:23.76	1:08.69	500m:	5:44.35	1:10.38	700m:	8:03.77	1:09.65	
	200m:	2:15.07	1:10.03	400m:	4:33.97	1:10.21	600m:	6:54.12	1:09.77	800m:	9:08.82	1:05.05
5.	TIN WAN YUEN, MATTEO		16		MRI		9:25.00		9:26.02 11,00			
	100m:	1:04.39	300m:	3:25.74	1:11.50	500m:	5:50.85	1:12.93	700m:	8:17.24	1:13.17	
	200m:	2:14.24	1:09.85	400m:	4:37.92	1:12.18	600m:	7:04.07	1:13.22	800m:	9:26.02	1:08.78
6.	BEUKES, Wade		16		RSA		9:12.87		9:27.76 10,00			
	100m:	1:06.22	300m:	3:28.14	1:11.68	500m:	5:52.73	1:12.48	700m:	8:17.92	1:12.91	
	200m:	2:16.46	1:10.24	400m:	4:40.25	1:12.11	600m:	7:05.01	1:12.28	800m:	9:27.76	1:09.84
7.	KHONAT, Rayhan		15		BOT		9:52.74		9:43.62 9,00			
	100m:	1:05.94	300m:	3:30.37	1:12.74	500m:	5:59.16	1:14.73	700m:	8:30.40	1:16.33	
	200m:	2:17.63	1:11.69	400m:	4:44.43	1:14.06	600m:	7:14.07	1:14.91	800m:	9:43.62	1:13.22
8.	DUARTE, Joao		21		ANG		9:44.84		9:48.33 8,00			
	100m:	1:05.96	300m:	3:32.12	1:13.87	500m:	6:02.33	1:15.24	700m:	8:34.13	1:15.79	
	200m:	2:18.25	1:12.29	400m:	4:47.09	1:14.97	600m:	7:18.34	1:16.01	800m:	9:48.33	1:14.20
9.	FERREIRA, Bruno R		15		MOZ		10:04.05		10:00.42 7,00			
	100m:	1:08.30	300m:	3:39.38	1:16.49	500m:	6:12.74	1:16.94	700m:	8:46.98	1:17.11	
	200m:	2:22.89	1:14.59	400m:	4:55.80	1:16.42	600m:	7:29.87	1:17.13	800m:	10:00.42	1:13.44
10.	COONEY, Zoah		15		ZAM		10:39.00		10:14.15 6,00			
	100m:	1:10.15	300m:	3:45.37	1:18.46	500m:	6:22.81	1:18.52	700m:	8:58.27	1:16.26	
	200m:	2:26.91	1:16.76	400m:	5:04.29	1:18.92	600m:	7:42.01	1:19.20	800m:	10:14.15	1:15.88
11.	MOTHIBATSELA, Ntsika		15		BOT		10:54.70		10:16.76 5,00			
	100m:	1:11.53	300m:	3:46.26	1:18.10	500m:	6:25.56	1:19.73	700m:	9:03.93	1:17.98	
	200m:	2:28.16	1:16.63	400m:	5:05.83	1:19.57	600m:	7:45.95	1:20.39	800m:	10:16.76	1:12.83

CANA Zone IV Swimming Championship-Angola 2023
Luanda, 3 - 6/5/2023

Event 4, Men, 800m Freestyle

EXH	CATARINO, Francisco	24	ANG		EXH	11:39.91	-
	100m: 1:16.79 1:16.79	300m: 4:12.49 1:29.21	500m: 7:12.25 1:29.28	700m: 10:11.39 1:30.06			
	200m: 2:43.28 1:26.49	400m: 5:42.97 1:30.48	600m: 8:41.33 1:29.08	800m: 11:39.91 1:28.52			

Event 201

Women, 800m Freestyle

30 years and older

03/05/2023 - 11:05

Results

Rank	Age	Time
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Event 202

Men, 800m Freestyle

30 years and older

03/05/2023 - 11:05

Results

Rank	Age	Time
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2 - Afternoon Session - 3 May 2023

03/05/2023 - 16:00

Event 5

Girls, 50m Breaststroke

11 - 12 years

03/05/2023 - 16:00

Results

RECORD	35.80	KOK SHUN, Alicia	MRI	16/02/2017
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Rank	Age	Time
1.	MBANGA, Zara M 11 UGA	36.87 36.70 18,00
2.	MITI, Sibongile 12 ZAM	37.60 37.30 16,00
3.	MATYAYI, Roselinda 12 NAM	40.61 40.42 14,00
4.	TINO, Alicia 11 UGA	41.56 41.13 12,00
5.	SANTOS, Kaila 11 ANG	44.40 41.79 11,00
6.	MASSINGUE, Estela B 11 MOZ	42.33 42.07 10,00
7.	NAUKOSHO, Ainoa 12 NAM	42.97 42.38 9,00
8.	DESAI, Ayanna M 12 ZAM	42.05 42.59 8,00
9.	LOBO, Liah C 12 MOZ	44.15 42.67 7,00
10.	KANJADZA, DANIELLE 12 MAW	44.86 42.81 6,00
11.	MUTIE, Muela 12 BOT	44.61 43.65 5,00
12.	MOREBODI, Maeva 11 BOT	46.36 43.73 4,00
13.	CHIRWA, Jessie L 12 MAW	47.69 44.30 3,00
14.	VUNGE, Chelsea 12 ANG	47.20 44.73 2,00
15.	MC NAMARA, Kendra 11 SWZ	48.15 46.01 1,00
16.	WILSCH, Danika 12 SWZ	56.67 52.62 -
EXH	KATEMBULA, Maria Santos 10 ANG	1:11.69 1:05.06 -
	<i>EXH Swimmer</i>	

CANA Zone IV Swimming Championship-Angola 2023
Luanda, 3 - 6/5/2023

Event 6 Boys, 50m Breaststroke 11 - 12 years
03/05/2023 - 16:05 Results

RECORD 34.37 BURGER, Mikah K NAM 16/02/2017

Rank	Age		Time		
1.	FRASER, Luca	12 SWZ	33.98	33.95	18,00
2.	GUIMARAES, Santiago	12 ANG	39.76	37.99	16,00
3.	BAKWENA, Leruo J	11 BOT	39.51	38.85	14,00
4.	KAUMBA, O'jay W	12 ZAM	42.71	40.80	12,00
5.	CHONGWE, IAN	12 MAW	42.40	42.62	11,00
6.	MASSIH, Kyle A	12 MOZ	43.43	43.70	10,00
7.	HEKANDJO, Kabelo A	12 NAM	47.70	44.47	9,00
8.	CHILISA, Jerone	12 BOT	45.48	44.75	8,00
9.	DODE, Davi	12 ANG	47.84	45.90	7,00

Event 7 Girls, 50m Breaststroke 13 - 14 years
03/05/2023 - 16:10 Results

RECORD 34.48 BROMBACHER, Paige F RSA 16/02/2017

Rank	Age		Time		
1.	SALESHANDO, Melodi	13 BOT	38.06	36.47	18,00
2.	CHANG, Yun-suh	14 BOT	37.59	36.75	16,00
3.	DUBE, Caitlyn	14 RSA	37.53	36.79	14,00
4.	JURADO, Stephanie	14 ANG	39.37	37.79	12,00
5.	NTSIE, Tshenolo	14 RSA	37.62	38.07	11,00
6.	ALBINO, Nemzi L	13 MOZ	39.99	39.38	10,00
7.	CLEMENTE, Ines	14 ANG	40.04	42.14	9,00
8.	MBEWE, Winnie M	13 ZAM	42.29	42.62	8,00
9.	NZENGO, RHINNAH	14 MAW	43.02	43.96	7,00
10.	KAWESHA, Inutu	13 ZAM	44.46	43.99	6,00
EXH	VONGO, Kenenise	13 ANG	EXH	41.25	-
EXH	PEDRO, Beatriz	13 ANG	EXH	42.28	-

Event 8 Boys, 50m Breaststroke 13 - 14 years
03/05/2023 - 16:10 Results

RECORD 31.49 WERRETT ZIM, Cory 16/02/2019

Rank	Age		Time		
1.	COHEN, Mason E	13 MOZ	34.53	33.61	18,00
2.	KINNAIRD, Liam	14 NAM	34.75	34.42	16,00
3.	FRASER, Tiano	14 SWZ	35.72	34.65	14,00
4.	INHENSIKO, Peterson	14 UGA	34.72	34.97	12,00
5.	ESTERHUIZEN, Lorenzo E	14 NAM	35.21	35.21	11,00
6.	MKAVEA, TASUNJE	13 MAW	36.10	35.26	10,00
7.	MANUEL, Silverio	14 ANG	36.29	35.62	9,00
8.	PARUK, Ridha	13 RSA	36.49	36.20	8,00
9.	MARQUES, Rodrigo D	13 MOZ	36.40	36.33	7,00
10.	DESAI, Aaryan S	14 ZAM	36.13	36.59	6,00
11.	FERNANDES, Carlos	14 ANG	38.48	36.96	5,00
12.	CATALDI, Giacinto M	14 ZAM	35.90	37.23	4,00
13.	DE SOUSA, Pedro	14 SWZ	37.71	37.64	3,00
14.	SMIT, Luka C	14 MAW	37.57	37.66	2,00

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Event 8, Boys, 50m Breaststroke, 13 - 14 years

Rank	Age		Time		
15.	MOREBODI, Theo	14 BOT	38.10	38.50	1,00
16.	MODIRELABANGWE, Tema	13 BOT	39.06	38.52	-
17.	JAMES, Abongile M	14 RSA	38.36	39.30	-
EXH	NGUVO, William	13 ANG	EXH	40.93	-

Event 9 Girls, 50m Breaststroke 15 - 16 years
03/05/2023 - 16:15 Results

RECORD 33.75 MUNDELL, Christin RSA 16/02/2017

Rank	Age		Time		
1.	VALLI, Farhah	15 RSA	36.06	36.93	18,00
2.	FERNANDES, N'Hara	16 ANG	35.16	37.02	16,00
3.	MITI, Tamenji	15 ZAM	37.79	37.68	14,00
4.	RAMDHUN, EUNNICE	15 MRI	37.24	37.76	12,00
5.	CHANG, Jieun	15 BOT	37.74	38.08	11,00
6.	NAUKOSHO, Ariana	16 NAM	38.26	38.44	10,00
7.	BRINKMANN, Maja J	15 NAM	39.64	39.92	9,00
8.	ZHUKOV, Aleksandra	15 ANG	42.02	40.08	8,00
9.	ROFF, Matilde P	15 MOZ	43.16	40.12	7,00
10.	MARITE, Mmabatho M	15 RSA	39.31	42.67	6,00
11.	REBELLO, ZOE	15 MAW	42.37	43.27	5,00
EXH	SANTOS, Neizla	15 ANG	EXH	41.19	-

Event 10 Boys, 50m Breaststroke 15 - 16 years
03/05/2023 - 16:20 Results

RECORD 30.69 O'HARA, Liam ZIM 16/02/2017

Rank	Age		Time		
1.	MATTHEWS, Mmusi	16 BOT	31.16	31.19	18,00
2.	DURAND, Oliver B	15 NAM	31.55	31.24	16,00
3.	HUFNER, Bayanda J	16 RSA	32.53	31.86	14,00
4.	DE SOUSA, Damien	16 SWZ	32.60	32.77	12,00
5.	TIN WAN YUEN, MATTEO	16 MRI	32.21	32.91	11,00
6.	SETHI, Khalil	15 BOT	33.15	33.16	10,00
7.	ANJOS, Enzo	15 ANG	33.73	33.39	9,00
8.	BOCA, Diego S	16 MOZ	34.26	33.65	8,00
9.	ENGELHARD, Robin	16 NAM	34.51	33.76	7,00
10.	SYAMUJAYE, Mudenda	16 ZAM	34.63	34.30	6,00
11.	BEUKES, Wade	16 RSA	34.44	34.41	5,00
12.	COCHOFEL, Jose	15 ANG	33.80	34.69	4,00
13.	COONEY, Zoah	15 ZAM	34.10	35.06	3,00
14.	FERREIRA, Bruno R	15 MOZ	38.01	37.17	2,00
15.	JELE, Cameron T	16 SWZ	36.00	37.44	1,00
EXH	AFONSO, Eridney	16 ANG	EXH	36.89	-

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Event 11 Women, 50m Breaststroke 17 - 29 years
03/05/2023 - 16:20 Results

RECORD 33.57 PALJK ZAMBIA, Tilka 16/02/2017

Rank	Age		Time		
1.	FREITAS, Maria	26 ANG	35.09	35.95	18,00
2.	CHRISTIE, Leah E	18 RSA	35.94	36.13	16,00
3.	STANGE, Maya A	17 NAM	37.19	37.34	14,00
4.	SANFORD, Natalie A	18 UGA	35.55	38.43	12,00
5.	COETZER, Caitlin A	18 NAM	39.26	40.06	11,00
6.	GIL, Larissa F	18 MOZ	42.89	42.64	10,00

Event 12 Men, 50m Breaststroke 17 - 29 years
03/05/2023 - 16:20 Results

RECORD 29.45 ROBINSON, Adrian BOT 16/02/2019

Rank	Age		Time		
1.	LAWRENCE, Matthew G	19 MOZ	28.94	30.08	18,00
2.	LOBO, Caio M	17 MOZ	30.01	30.37	16,00
3.	FRANCISCO, Daniel	23 ANG	30.42	30.58	14,00
4.	PIRES, Djamel	19 ANG	31.29	31.12	12,00
5.	SHAMAMBO, Damien S	19 ZAM	31.81	31.94	11,00
6.	NAGAPIN, Nathan	17 SEY	32.18	32.63	10,00
7.	WELLMANN, Arkeel J	20 NAM	33.53	32.94	9,00
8.	DLAMINI, Simanga	25 SWZ	34.04	33.75	8,00
9.	DE JAGER, Christopher	18 NAM	32.94	34.13	7,00
10.	MWAMBA, Wina M	19 ZAM	34.00	34.62	6,00
11.	BANDA, ASHER	17 MAW	36.16	36.96	5,00
12.	DLAMINI, Simphiwe M	23 SWZ	40.82	37.32	4,00
13.	NKABANE, Lelingoana	26 LES	30.89	44.14	3,00
14.	RATIA, Ntene	18 LES	NT	44.45	2,00
EXH	MONTEIRO, Luis	17 ANG	EXH	36.06	-

Event 203 Women, 50m Breaststroke 30 years and older
03/05/2023 - 16:25 Results

RECORD 33.57 PALJK ZAMBIA, Tilka 16/02/2017

Rank	Age		Time		
30 - 44 years					
1.	PEACH, Sophie	35 ZAM	NT	50.98	-
2.	GOMES, Urshlla	36 ZAM	NT	51.23	-

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Event 204 Men, 50m Breaststroke 30 years and older
03/05/2023 - 16:25 Results

RECORD 29.45 ROBINSON, Adrian BOT 16/02/2019

Rank	Age		Time		
30 - 44 years					
1.	30	ZAM	33.14	33.35	-
2.	31	ANG	NT	34.03	-
3.	32	LES	28.34	37.73	-
EXH	25	ANG	DNS		-
EXH	26	ANG	NT	35.54	-
EXH	29	ANG	NT	38.03	-

Event 13 Girls, 100m Backstroke 11 - 12 years
03/05/2023 - 16:30 Results

RECORD 1:11.95 MIA, PHIRI ZAM 20/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	12	NAM	1:09.60	562		
2.	12	NAM	1:15.44	441		
3.	12	ZAM	1:19.50	377		
4.	12	ANG	1:19.83	372		
5.	11	UGA	1:20.43	364		
6.	11	MOZ	1:22.86	333		
7.	12	MOZ	1:24.66	312		
8.	12	UGA	1:25.28	305		
9.	11	ZAM	1:26.68	291		
10.	12	SWZ	1:41.44	181		
11.	12	MAW	1:49.97	142		
12.	12	SWZ	1:51.25	137		
DSQ	11	BOT	1:26.31			
DNS	12	ANG				

Event 14 Boys, 100m Backstroke 11 - 12 years
03/05/2023 - 16:35 Results

RECORD 1:10.43 AH YONG, Victor MRI 16/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	12	NAM	1:17.59	294		
2.	12	SWZ	1:20.69	261		
3.	12	MOZ	1:21.72	251		
4.	11	SEY	1:23.13	239		
5.	12	BOT	1:24.64	226		
6.	12	ANG	1:31.86	177		
DSQ	12	ZAM	1:24.90			

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Event 15 Girls, 100m Backstroke 13 - 14 years
03/05/2023 - 16:35 Results

RECORD 1:09.08 COETZEE, Lise RSA 16/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	14	NAM	1:12.59	495		
2.	14	RSA	1:12.97	488		
3.	14	NAM	1:13.33	480		
4.	14	ANG	1:15.62	438		
5.	14	ANG	1:16.20	428		
6.	14	MRI	1:17.17	412		
7.	13	MOZ	1:19.02	384		
8.	13	MOZ	1:19.16	382		
9.	13	RSA	1:19.51	377		
10.	13	BOT	1:19.84	372		
11.	14	UGA	1:21.29	352		
12.	13	BOT	1:29.23	266		
13.	13	SWZ	1:42.54	175		
EXH	13	ANG	1:24.78	311		

Event 16 Boys, 100m Backstroke 13 - 14 years
03/05/2023 - 16:40 Results

RECORD 1:03.24 SPIEKER, Ethan R RSA 16/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	14	NAM	1:05.42	490		
2.	14	NAM	1:06.36	470		
3.	14	RSA	1:07.26	451		
4.	14	MRI	1:09.99	400		
5.	13	MOZ	1:10.57	390		
6.	13	MOZ	1:11.92	369		
7.	14	MAW	1:12.61	358		
8.	14	ZAM	1:12.97	353		
9.	13	BOT	1:14.30	334		
10.	13	ANG	1:14.33	334		
11.	14	ANG	1:15.41	320		
12.	13	RSA	1:15.90	314		
13.	13	BOT	1:18.47	284		
14.	13	MAW	1:20.97	258		
15.	13	SWZ	1:32.19	175		
16.	13	SWZ	1:37.60	147		
EXH	13	ANG	1:25.44	220		

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Event 17 Girls, 100m Backstroke 15 - 16 years
03/05/2023 - 16:45 Results

RECORD 1:07.87 MUNRO, Kelsea RSA 16/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	15	NAM	1:08.30	595		
2.	15	NAM	1:11.76	513		
3.	15	RSA	1:12.77	492		
4.	15	SWZ	1:15.31	443		
5.	15	MOZ	1:17.43	408		
6.	15	RSA	1:18.61	390		
7.	16	MOZ	1:19.44	378		
8.	16	BOT	1:19.67	374		
9.	16	ANG	1:19.75	373		
10.	15	ANG	1:23.48	325		
EXH	15	ANG	1:27.51	282		

Event 18 Boys, 100m Backstroke 15 - 16 years
03/05/2023 - 16:50 Results

RECORD 1:00.95 WANTENAAR, Ronan Z NAM 16/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	15	NAM	1:02.31	567		
2.	16	NAM	1:03.22	543		
3.	16	MOZ	1:04.43	513		
4.	16	BOT	1:05.42	490		
5.	15	ANG	1:07.25	451		
6.	15	RSA	1:07.59	444		
7.	16	MRI	1:08.58	425		
8.	15	BOT	1:09.87	402		
9.	15	ANG	1:11.03	383		
10.	15	UGA	1:11.98	368		
11.	15	ZAM	1:12.95	353		
12.	16	RSA	1:14.52	331		
13.	15	ZAM	1:20.57	262		
EXH	16	ANG	1:15.03	325		

Event 19 Women, 100m Backstroke 17 - 29 years
03/05/2023 - 16:55 Results

RECORD 1:06.07 LEE, Robyn ZIM 16/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	21	ANG	1:13.31	481		
2.	18	RSA	1:13.53	476		
3.	17	NAM	1:15.61	438		
4.	18	NAM	1:15.86	434		
5.	18	ANG	1:21.93	344		
6.	18	MOZ	1:22.04	343		
7.	17	SWZ	1:22.99	331		
8.	17	MOZ	1:23.59	324		
9.	17	SWZ	1:26.14	296		

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Event 20 Men, 100m Backstroke 17 - 29 years
03/05/2023 - 17:00 Results

RECORD 58.66 TOM, DONKER ZAM 16/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	17	MOZ	1:01.86	580		
2.	17	NAM	1:02.19	571		
3.	20	NAM	1:02.82	554		
4.	21	TAN	1:03.25	542		
5.	17	MOZ	1:04.08	522		
6.	17	RSA	1:05.61	486		
7.	22	ANG	1:05.70	484		
8.	17	ANG	1:08.21	432		
9.	23	SWZ	1:19.22	276		
DNS		LUTANGO, Emanuel				
		<i>EXH Swimmer</i>				
EXH	19	ANG	1:11.12	381		
		AGOSTINHO, Adelino				

Event 205 Women, 100m Backstroke 30 years and older
03/05/2023 - 17:05 Results

RECORD 1:06.07 LEE, Robyn ZIM 16/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
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Event 206 Men, 100m Backstroke 30 years and older
03/05/2023 - 17:05 Results

RECORD 58.66 TOM, DONKER ZAM 16/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
30 - 44 years						
1.	30	ANG	1:10.53	391		
		ALBERTO, Carlos				

Event 21 Girls, 4 x 100m Medley 14 years and younger
03/05/2023 - 17:05 Results

Rank		Age	Time	Pts	50m	100m
1.	RSA 1		4:54.83	5:01.33	18,00	
	THOBEHA, Naledi	14	1:12.95	MAGOTSI, Riziki A	13	1:16.16
	NTSIE, Tshenolo	14	1:24.75	DUBE, Caitlyn	14	1:07.47
2.	NAM 1		NT	5:01.79	16,00	
	NAUKOSHO, Ainoa	12	1:13.56	BERGH, Madison S	14	1:16.62
	MATYAYI, Roselinda	12	1:27.10	GEYSER, Mikayla	14	1:04.51
3.	ANG 1		NT	5:09.17	14,00	
	SANTO, Rhanya	13	1:16.88	JURADO, Stephanie	14	1:15.79
	CLEMENTE, Ines	14	1:31.78	MORAIS, Nyriam	14	1:04.72
4.	MOZ 1		NT	5:15.79	12,00	
	ALBINO, Nemzi L	13	1:22.44	MPFUMO, Marta C	13	1:17.88
	CHICUMBE, Angela	11	1:30.23	TOME, Zuri R	13	1:05.24
5.	ZAM 1		5:23.02	5:24.80	11,00	
	CHAMA, Natania	11	1:21.16	MITI, Sibongile	12	1:16.71
	DESAI, Ayanna M	12	1:33.63	KAWESHA, Inutu	13	1:13.30

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Event 21, Girls, 4 x 100m Medley, 14 years and younger

Rank					Time	
6.	BOT 1		BOT		NT	5:29.27 10,00
	SALESHANDO, Melodi	13	1:20.40	KESIILWE, Kutto L	13	1:28.88
	CHANG, Yun-suh	14	1:26.56	MOREBODI, Maeva	11	1:13.43

Event 22
03/05/2023 - 17:10

Boys, 4 x 100m Medley

14 years and younger
Results

Rank					Time	
1.	MOZ 1		MOZ		NT	4:38.28 18,00
	MENETE, Lazaro H	13	1:13.43	DOS SANTOS, Abdul R	14	1:06.27
	COHEN, Mason E	13	1:14.58	MARQUES, Rodrigo D	13	1:04.00
2.	RSA 1		RSA		4:44.20	4:41.30 16,00
	BADAL, Vache	14	1:08.63	NTAKA, Siyanda L	14	1:10.99
	PARUK, Ridha	13	1:19.99	JAMES, Abongile M	14	1:01.69
3.	ANG 1		ANG		NT	4:47.49 14,00
	FURTADO, Marco	13	1:13.36	FERNANDES, Carlos	14	1:14.59
	MANUEL, Silverio	14	1:19.55	SOUSA, Guilherme	14	59.99
4.	BOT 1		BOT		NT	5:13.62 12,00
	CAPLE, Preston	13	1:18.91	MODIRELABANGWE, Tema	13	1:18.78
	MOREBODI, Theo	14	1:27.09	BAKWENA, Leruo J	11	1:08.84
5.	MAW 1		MAW		NT	5:20.04 11,00
	MAKWENDA, JEREMIAH T	13	1:22.30	MKAWEA, TASUNJE	13	1:17.32
	CHONGWE, IAN	12	1:40.64	SMIT, Luka C	14	59.78
DSQ	ZAM 1		ZAM		4:48.03	4:45.88 -
	GOMES, Seth	14	1:13.65	MULENGA, Joshua	14	1:11.00
	DESAI, Aaryan S	14	1:19.16	CATALDI, Giacinto M	14	1:02.07

Event 23
03/05/2023 - 17:15

Women, 4 x 100m Medley

15 - 29 years
Results

Rank					Time	
1.	NAM 1		NAM		NT	4:45.77 18,00
	HUMPHREY, Jessica	15	1:09.24	ENGELHARD, Lisa	18	1:09.50
	STANGE, Maya A	17	1:24.32	MUTUMBULUA, Trisha	18	1:02.71
2.	RSA 1		RSA		4:39.02	4:47.04 16,00
	RIGBY, Hannah P	15	1:14.23	PIO, Teegan	17	1:09.89
	VALLI, Farhah	15	1:20.97	CHRISTIE, Leah E	18	1:01.95
3.	ANG 1		ANG		NT	4:49.80 14,00
	SANTO, Rafaela	18	1:19.40	LIMA, Lia	21	1:05.59
	FERNANDES, N'Hara	16	1:22.45	FREITAS, Maria	26	1:02.36
4.	MOZ 1		MOZ		NT	5:14.05 12,00
	XAVIER, Filipa A	16	1:21.09	MATEUS, Alicia E	18	1:13.61
	ROFF, Matilde P	15	1:28.97	GIL, Larissa F	18	1:10.38

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Event 24
03/05/2023 - 17:25

Men, 4 x 100m Medley

15 - 29 years
Results

Rank					Time	
1.	ANG 1		ANG	NT	4:02.76	18,00
	GORDO, Salvador	20	1:01.61	FRANCISCO, Daniel	23	58.52
	PIRES, Djamel	19	1:09.83	MASCARENHAS, Henrique	21	52.80
2.	MOZ 1		MOZ	NT	4:07.07	16,00
	FAFTINE, Kaio d	17	1:02.33	MUNGUAMBE, Cleyton A	16	1:00.01
	LAWRENCE, Matthew G	19	1:09.90	BOCA, Diego S	16	54.83
3.	NAM 1		NAM	NT	4:07.83	14,00
	DE JAGER, Christopher	18	1:04.38	HENNING, Marco T	20	59.49
	DURAND, Oliver B	15	1:08.12	ENGELHARD, Robin	16	55.84
4.	BOT 1		BOT	NT	4:16.15	12,00
	MATTHEWS, Mmusi	16	1:05.34	KEITSILE, Gaamangwe J	15	59.28
	SETHI, Khalil	15	1:12.75	MOTHIBATSELA, Ntsika	15	58.78
5.	RSA 1		RSA	4:17.57	4:23.21	11,00
	SEKANO, Kutlwano R	15	1:07.87	PHEEHA, Moloko J	17	1:02.72
	HUFNER, Bayanda J	16	1:14.25	METTLER, Joshua	16	58.37
6.	ZAM 1		ZAM	4:43.02	4:29.03	10,00
	MAZIKANA, Tonderai	15	1:14.17	MWAMBA, Wina M	19	1:05.15
	SHAMAMBO, Damien S	19	1:11.32	MBAO, Benaiah Z	15	58.39

3 - Morning Session - 4 May 2023

04/05/2023 - 9:30

Event 25
04/05/2023 - 9:30

Girls, 200m Breaststroke

11 - 12 years
Results

RECORD 2:59.22 KOK SHUN, Alicia MRI 17/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	11	UGA	2:58.56	471	1:24.65	1:33.91
2.	12	ZAM	3:04.86	424	1:29.04	1:35.82
3.	12	UGA	3:05.69	418	1:30.51	1:35.18
4.	12	NAM	3:06.06	416	1:30.16	1:35.90
5.	11	MOZ	3:13.63	369	1:34.24	1:39.39
6.	11	MOZ	3:19.43	338	1:34.66	1:44.77
7.	11	ANG	3:20.88	330	1:39.12	1:41.76
8.	12	ZAM	3:23.61	317	1:38.40	1:45.21
9.	12	MAW	3:42.67	242	1:45.85	1:56.82
10.	12	ANG	3:44.70	236	1:50.25	1:54.45

CANA Zone IV Swimming Championship-Angola 2023
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Event 26 Boys, 200m Breaststroke 11 - 12 years
04/05/2023 - 9:40 Results

RECORD 2:48.29 BURGER, Mikah K NAM 17/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	12	SWZ	2:57.80	355	1:23.59	1:34.21
2.	12	MOZ	3:21.96	242	1:39.53	1:42.43
3.	11	BOT	3:22.02	242	1:37.86	1:44.16
4.	12	ZAM	3:22.61	240	1:38.04	1:44.57
5.	12	MAW	3:22.82	239	1:40.99	1:41.83
6.	12	BOT	3:39.56	188	1:48.93	1:50.63
7.	12	ANG	3:48.92	166	1:47.78	2:01.14
8.	12	ANG	4:07.37	131	1:56.04	2:11.33

Event 27 Girls, 200m Breaststroke 13 - 14 years
04/05/2023 - 9:45 Results

RECORD 2:41.59 SEYFFERT, Tailyne RSA 17/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	13	BOT	3:06.17	415	1:31.85	1:34.32
	14	RSA	3:06.17	415	1:31.55	1:34.62
3.	14	RSA	3:06.55	413	1:32.92	1:33.63
4.	13	MOZ	3:14.59	364	1:32.02	1:42.57
5.	14	ANG	3:16.50	353	1:35.82	1:40.68
6.	14	BOT	3:16.91	351	1:34.69	1:42.22
7.	13	ZAM	3:25.59	308	1:36.98	1:48.61
8.	13	ANG	3:40.26	251	1:48.58	1:51.68
9.	14	MAW	3:40.35	250	1:43.90	1:56.45
DSQ	13	ANG	3:23.79		1:33.85	1:49.94
		<i>EXH Swimmer</i>				
EXH	13	ANG	3:27.56	300	1:42.01	1:45.55

Event 28 Boys, 200m Breaststroke 13 - 14 years
04/05/2023 - 9:55 Results

RECORD 2:32.09 WONG CHAP LAN, Oliver MRI 17/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	14	NAM	2:45.71	439	1:19.63	1:26.08
2.	13	MOZ	2:45.77	438	1:19.77	1:26.00
3.	14	ANG	2:54.13	378	1:20.68	1:33.45
4.	14	ZAM	2:55.07	372	1:24.05	1:31.02
5.	14	RSA	2:58.63	350	1:24.83	1:33.80
6.	13	RSA	3:00.51	339	1:24.19	1:36.32
7.	14	ANG	3:04.16	319	1:26.83	1:37.33
8.	13	MOZ	3:06.13	309	1:29.08	1:37.05
9.	13	MAW	3:06.68	307	1:28.29	1:38.39
10.	13	BOT	3:11.95	282	1:34.26	1:37.69
11.	14	ZAM	3:13.77	274	1:28.90	1:44.87
12.	14	BOT	3:13.96	273	1:31.94	1:42.02
13.	13	SWZ	3:20.51	247	1:34.75	1:45.76
EXH	13	ANG	3:12.98	278	1:32.57	1:40.41

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Event 29 Girls, 200m Breaststroke 15 - 16 years
04/05/2023 - 10:00 Results

RECORD 2:39.44 MUNDELL, Christin RSA 17/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	15	RSA	2:51.62	530	1:23.31	1:28.31
2.	15	RSA	2:53.99	509	1:25.81	1:28.18
3.	16	NAM	3:00.51	456	1:25.08	1:35.43
4.	16	ANG	3:02.27	443	1:29.08	1:33.19
5.	15	BOT	3:05.81	418	1:29.39	1:36.42
6.	15	NAM	3:07.27	408	1:29.39	1:37.88
7.	15	MOZ	3:11.61	381	1:32.17	1:39.44
8.	15	ZAM	3:15.73	357	1:34.63	1:41.10
9.	15	ANG	3:18.53	342	1:34.65	1:43.88
10.	16	MOZ	3:29.73	290	1:40.37	1:49.36
EXH	15	ANG	3:17.09	350	1:33.95	1:43.14

Event 30 Boys, 200m Breaststroke 15 - 16 years
04/05/2023 - 10:10 Results

RECORD 2:27.49 LIAM, DAVIS ZAM 21/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	15	NAM	2:28.16	614	1:14.29	1:13.87
2.	16	MRI	2:30.09	590	1:13.44	1:16.65
3.	16	BOT	2:33.56	551	1:13.82	1:19.74
4.	15	BOT	2:36.87	517	1:15.04	1:21.83
5.	16	SWZ	2:46.51	432	1:19.56	1:26.95
6.	16	ANG	2:46.86	430	1:18.57	1:28.29
7.	15	ZAM	2:50.52	402	1:20.12	1:30.40
8.	15	ANG	2:55.66	368	1:21.82	1:33.84
9.	16	RSA	2:57.09	359	1:22.70	1:34.39
10.	15	RSA	2:59.59	344	1:25.41	1:34.18
11.	15	MOZ	3:00.57	339	1:28.08	1:32.49

Event 31 Women, 200m Breaststroke 17 - 29 years
04/05/2023 - 10:15 Results

RECORD 2:43.38 PLUMSTEAD, KERI J RSA 09/01/2009

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	18	RSA	2:52.21	525	1:23.80	1:28.41
2.	19	NAM	2:56.69	486	1:23.29	1:33.40
3.	18	NAM	3:03.44	434	1:27.49	1:35.95

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Event 32 Men, 200m Breaststroke 17 - 29 years
04/05/2023 - 10:20 Results

RECORD 2:23.31 PINOTES, Pedro ANG 21/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	17	MOZ	2:28.23	613	1:12.34	1:15.89
2.	17	MOZ	2:35.11	535	1:17.11	1:18.00
3.	20	NAM	2:37.77	508	1:17.52	1:20.25
4.	17	SEY	2:42.20	468	1:16.63	1:25.57
5.	18	ANG	2:43.25	459	1:14.70	1:28.55
6.	18	NAM	2:50.32	404	1:18.06	1:32.26
DSQ	22	ANG	2:43.75		1:16.34	1:27.41

Event 207 Women, 200m Breaststroke 30 years and older
04/05/2023 - 10:25 Results

RECORD 2:43.38 PLUMSTEAD, KERI J RSA 09/01/2009

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
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Event 208 Men, 200m Breaststroke 30 years and older
04/05/2023 - 10:25 Results

RECORD 2:23.31 PINOTES, Pedro ANG 21/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
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30 - 44 years

1.	30	ZAM	2:49.34	411	1:21.14	1:28.20
2.	31	ANG	2:56.90	360	1:22.88	1:34.02

Event 33 Girls, 200m Backstroke 11 - 12 years
04/05/2023 - 10:30 Results

RECORD 2:38.99 MIA, PHIRI ZAM 22/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	12	NAM	2:34.81	505	1:13.67	1:21.14
2.	12	NAM	2:40.81	451	1:19.05	1:21.76
3.	11	UGA	2:50.59	378	1:23.73	1:26.86
4.	11	ZAM	2:56.82	339	1:26.20	1:30.62
5.	12	ANG	2:58.02	332	1:27.22	1:30.80
6.	12	MOZ	2:58.32	330	1:26.26	1:32.06
7.	12	ZAM	3:03.47	303	1:28.80	1:34.67
8.	12	MOZ	3:09.18	277	1:32.18	1:37.00
DNS	12	ANG				

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Event 34 Boys, 200m Backstroke 11 - 12 years
04/05/2023 - 10:35 Results

RECORD 2:34.33 AH YONG, Victor MRI 18/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	12	NAM	2:48.62	292	1:22.20	1:26.42
2.	12	MOZ	2:51.40	278	1:25.33	1:26.07
3.	11	SEY	2:56.30	255	1:25.50	1:30.80
4.	12	BOT	2:57.07	252	1:28.96	1:28.11
5.	12	ANG	3:25.85	160	1:38.00	1:47.85
DSQ	12	ANG	3:16.91		1:34.98	1:41.93

Event 35 Girls, 200m Backstroke 13 - 14 years
04/05/2023 - 10:40 Results

RECORD 2:26.88 COETZEE, Lise RSA 18/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	14	NAM	2:36.65	488	1:16.98	1:19.67
2.	14	NAM	2:39.18	465	1:18.59	1:20.59
3.	14	RSA	2:40.43	454	1:16.87	1:23.56
4.	13	ANG	2:42.40	438	1:20.00	1:22.40
5.	14	ANG	2:47.51	399	1:21.84	1:25.67
6.	14	MRI	2:48.71	390	1:22.71	1:26.00
7.	13	MOZ	2:52.94	362	1:24.63	1:28.31
8.	13	MOZ	2:55.56	346	1:21.78	1:33.78
9.	14	RSA	2:57.87	333	1:26.51	1:31.36
10.	14	UGA	3:00.33	320	1:26.75	1:33.58
EXH	13	ANG	3:04.53	298	1:27.96	1:36.57
EXH	13	ANG	3:08.44	280	1:30.82	1:37.62

Event 36 Boys, 200m Backstroke 13 - 14 years
04/05/2023 - 10:50 Results

RECORD 2:16.91 SPIEKER, Ethan R RSA 18/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	14	NAM	2:20.69	503	1:09.12	1:11.57
2.	14	NAM	2:27.36	438	1:11.73	1:15.63
3.	14	RSA	2:29.88	416	1:12.69	1:17.19
4.	14	MRI	2:30.12	414	1:13.08	1:17.04
5.	13	MOZ	2:39.70	344	1:15.24	1:24.46
6.	14	MAW	2:42.73	325	1:20.22	1:22.51
7.	14	RSA	2:47.25	299	1:19.56	1:27.69
8.	13	ANG	2:47.85	296	1:24.31	1:23.54
9.	13	BOT	2:48.98	290	1:23.13	1:25.85
10.	13	MOZ	2:52.14	274	1:25.90	1:26.24
11.	13	MAW	2:53.03	270	1:25.75	1:27.28
12.	14	ANG	2:57.94	248	1:25.59	1:32.35
13.	13	SWZ	3:21.33	171	1:38.36	1:42.97
14.	13	SWZ	3:28.41	154	1:43.80	1:44.61

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Event 37 Girls, 200m Backstroke 15 - 16 years
04/05/2023 - 10:55 Results

RECORD 2:29.33 STERGIADIS, Heleni NAM 18/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	15	NAM	2:30.75	547	1:12.09	1:18.66
2.	15	NAM	2:34.52	508	1:15.72	1:18.80
3.	15	RSA	2:35.89	495	1:16.07	1:19.82
4.	15	SWZ	2:44.61	420	1:20.11	1:24.50
5.	15	MOZ	2:49.64	384	1:20.94	1:28.70
6.	16	MOZ	2:53.66	358	1:24.25	1:29.41
7.	16	ANG	2:53.98	356	1:24.96	1:29.02
8.	15	ANG	2:57.27	336	1:24.92	1:32.35

Event 38 Boys, 200m Backstroke 15 - 16 years
04/05/2023 - 11:00 Results

RECORD 2:15.28 WANTENAAR, Ronan Z NAM 18/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	15	NAM	2:17.03	544	1:10.05	1:06.98
2.	16	NAM	2:21.75	492	1:08.41	1:13.34
3.	16	MRI	2:27.00	441	1:12.12	1:14.88
4.	15	ANG	2:28.84	425	1:15.66	1:13.18
5.	15	ANG	2:32.69	393	1:14.87	1:17.82
6.	16	BOT	2:33.04	391	1:14.61	1:18.43
7.	15	RSA	2:33.36	388	1:11.26	1:22.10
8.	15	BOT	2:37.54	358	1:18.36	1:19.18
9.	15	ZAM	2:49.09	289	1:21.97	1:27.12
10.	15	MOZ	2:50.18	284	1:22.79	1:27.39
11.	16	RSA	2:53.09	270	1:26.98	1:26.11

Event 39 Women, 200m Backstroke 17 - 29 years
04/05/2023 - 11:10 Results

RECORD 2:23.81 LEE, Robyn ZIM 18/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	19	NAM	2:37.08	484	1:18.50	1:18.58
2.	18	RSA	2:40.32	455	1:19.48	1:20.84
3.	21	ANG	2:41.95	441	1:19.18	1:22.77
4.	18	NAM	2:45.08	417	1:22.72	1:22.36
5.	18	ANG	2:52.01	368	1:23.20	1:28.81
6.	18	MOZ	2:56.98	338	1:25.28	1:31.70
7.	17	MOZ	3:06.00	291	1:29.00	1:37.00

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Event 40 Men, 200m Backstroke 17 - 29 years
04/05/2023 - 11:10 Results

RECORD 2:12.34 TOM, DONKET ZAM 22/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
1.	17	MOZ	2:18.94	522	1:10.16	1:08.78
2.	17	NAM	2:19.77	513	1:09.71	1:10.06
3.	17	NAM	2:20.01	510	1:10.27	1:09.74
4.	20	ANG	2:20.07	510	1:10.77	1:09.30
5.	17	ANG	2:29.40	420	1:11.00	1:18.40

Event 209 Women, 200m Backstroke 30 years and older
04/05/2023 - 11:15 Results

RECORD 2:23.81 LEE, Robyn ZIM 18/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
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Event 210 Men, 200m Backstroke 30 years and older
04/05/2023 - 11:15 Results

RECORD 2:12.34 TOM, DONKET ZAM 22/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	100m	200m
EXH	26	ANG	2:53.45	268	1:20.77	1:32.68

4 - Afternoon Session - 4 May 2023 04/05/2023 - 16:00

Event 41 Girls, 200m Freestyle 11 - 12 years
04/05/2023 - 16:00 Results

RECORD 2:18.99 DER WESTHUIZEN PAIGE, VAN ZIM 21/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	12	NAM	2:24.31	479				
2.	12	UGA	2:30.21	425				
3.	12	NAM	2:30.43	423				
4.	11	MOZ	2:31.04	418				
5.	11	ZAM	2:37.31	370				
6.	12	BOT	2:37.39	369				
7.	11	BOT	2:41.09	344				
8.	11	UGA	2:42.26	337				
9.	12	MOZ	2:42.37	336				
10.	12	ZAM	2:42.74	334				
11.	12	ANG	2:44.74	322				
12.	11	ANG	2:51.86	284				
13.	11	SWZ	3:06.45	222				
14.	12	SWZ	3:11.55	205				
EXH	10	ANG	2:49.40	296				

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Event 42 Boys, 200m Freestyle 11 - 12 years
04/05/2023 - 16:10 Results

RECORD 2:17.54 HART, Ivan KEN 17/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	12	ANG	2:17.94	404				
2.	12	SEY	2:24.16	354				
3.	12	SWZ	2:24.55	351				
4.	12	NAM	2:36.63	276				
5.	11	SEY	2:39.52	261				
6.	12	BOT	2:46.47	230				
7.	12	ZAM	2:46.94	228				
8.	12	MOZ	2:47.29	226				
9.	12	ANG	2:49.83	216				

Event 43 Girls, 200m Freestyle 13 - 14 years
04/05/2023 - 16:15 Results

RECORD 2:10.21 COETZEE, Lise RSA 17/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	14	MRI	2:20.99	514				
2.	14	NAM	2:21.58	508				
3.	14	ANG	2:22.57	497				
4.	13	ANG	2:24.37	479				
5.	14	NAM	2:26.23	461				
6.	13	MOZ	2:26.81	455				
7.	13	MOZ	2:26.95	454				
8.	13	BOT	2:33.81	396				
9.	14	RSA	2:35.92	380				
10.	13	RSA	2:36.70	374				
11.	13	ZAM	2:38.53	361				
12.	13	ZAM	2:38.94	359				
EXH	13	ANG	3:01.16	242				
EXH	13	ANG	3:06.06	223				

Event 44 Boys, 200m Freestyle 13 - 14 years
04/05/2023 - 16:20 Results

RECORD 2:02.48 SPIEKER, Ethan R RSA 17/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	14	MRI	2:09.41	489				
2.	14	NAM	2:12.43	456				
3.	14	ZAM	2:13.69	444				
4.	14	NAM	2:15.28	428				
5.	14	ANG	2:15.71	424				
6.	14	MAW	2:17.36	409				
7.	13	MOZ	2:17.58	407				
8.	14	MOZ	2:19.14	393				
9.	14	ZAM	2:20.48	382				
10.	14	ANG	2:21.76	372				
11.	14	RSA	2:25.14	347				
12.	14	RSA	2:25.39	345				
13.	14	BOT	2:28.43	324				
14.	13	MAW	2:29.74	316				

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Event 44, Boys, 200m Freestyle, 13 - 14 years

Rank	Age		Time	Pts	50m	100m	150m	200m
15.	CAPLE, Preston	13	BOT	2:31.84	303			
16.	WAY, Tristan	13	SWZ	2:48.00	223			
17.	DLAMINI, Alwandze	13	SWZ	2:59.59	183			

Event 45 Girls, 200m Freestyle 15 - 16 years
04/05/2023 - 16:30 Results

RECORD 2:10.60 VAN DER WESTHUIZEN ZIM, Paige 17/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	RIGBY, Hannah P	15	RSA	2:16.67	564			
2.	BRINKMANN, Maja J	15	NAM	2:17.18	558			
3.	HUMPHREY, Jessica	15	NAM	2:21.36	510			
4.	VIEIRA, Alexia	15	ANG	2:23.50	488			
5.	FERNANDES, Sophie M	16	MOZ	2:27.60	448			
6.	HARRY, Kyra	16	BOT	2:29.56	431			
7.	VALLI, Farhah	15	RSA	2:30.42	423			
8.	LOURENCO, Jasmine	16	ANG	2:33.12	401			
9.	DOMINGUES, Ana Beatriz F	15	MOZ	2:33.85	396			
EXH	NUNES, Ana Lueji	15	ANG	2:38.09	364			
EXH	SANTOS, Inara	15	ANG	2:41.39	343			

Event 46 Boys, 200m Freestyle 15 - 16 years
04/05/2023 - 16:40 Results

RECORD 1:58.34 FREEMAN, James S 17/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	DURAND, Oliver B	15	NAM	1:57.91	647			
2.	MUNGUAMBE, Cleyton A	16	MOZ	2:04.19	554			
3.	KHONAT, Rayhan	15	BOT	2:07.43	512			
4.	KEITSILE, Gaamangwe J	15	BOT	2:08.69	497			
5.	BOCA, Diego S	16	MOZ	2:09.08	493			
6.	BREDEL, Rafael	15	ANG	2:09.19	492			
7.	ENGELHARD, Robin	16	NAM	2:09.58	487			
8.	BEUKES, Wade	16	RSA	2:09.67	486			
9.	DAVID, Padre	15	ANG	2:11.45	467			
10.	DE SOUSA, Damien	16	SWZ	2:15.13	430			
11.	METTLER, Joshua	16	RSA	2:17.56	407			
12.	COONEY, Zoah	15	ZAM	2:18.29	401			
DNS	FERREIRA, Bruno R	15	MOZ					

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Event 47 Women, 200m Freestyle 17 - 29 years
04/05/2023 - 16:45 Results

RECORD 2:11.26 LAIRD, Alexis SEY 17/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	26	ANG	2:14.24	596				
2.	17	RSA	2:18.32	544				
3.	18	ANG	2:18.78	539				
4.	18	RSA	2:20.18	523				
5.	19	NAM	2:20.50	519				
6.	18	NAM	2:22.01	503				
7.	18	MOZ	2:24.57	477				
8.	18	MOZ	2:34.27	392				
9.	17	SWZ	2:40.86	346				
10.	17	SWZ	2:41.78	340				

Event 48 Men, 200m Freestyle 17 - 29 years
04/05/2023 - 16:50 Results

RECORD 1:54.23 PINOTES, Pedro ANG 07/05/2015

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	21	ANG	1:56.50	671				
2.	17	MOZ	1:59.54	621				
3.	20	NAM	1:59.86	616				
4.	20	NAM	2:02.97	570				
5.	21	TAN	2:04.49	550				
6.	19	ANG	2:05.47	537				
7.	17	RSA	2:06.85	519				
EXH	17	ANG	2:17.92	404				
EXH	24	ANG	2:27.94	327				

Event 211 Women, 200m Freestyle 30 years and older
04/05/2023 - 17:00 Results

RECORD 2:11.26 LAIRD, Alexis SEY 17/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
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Event 212 Men, 200m Freestyle 30 years and older
04/05/2023 - 17:00 Results

RECORD 1:54.23 PINOTES, Pedro ANG 07/05/2015

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
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30 - 44 years

1. CHOPHO, Refiloe 32 LES **3:06.09** 164

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Event 49 Girls, 50m Butterfly 11 - 12 years
04/05/2023 - 17:00 Results

RECORD 31.07 MIA, PHIRI ZAM 21/04/2016

Rank	Age		Time		
1.	MATYAYI, Roselinda	12 NAM	30.61	30.52	18,00
2.	MITI, Sibongile	12 ZAM	31.76	31.24	16,00
3.	NAUKOSHO, Ainoa	12 NAM	33.88	33.95	14,00
4.	SUUBI, Mary P	12 UGA	34.06	34.07	12,00
5.	CHICUMBE, Angela	11 MOZ	35.73	35.58	11,00
6.	LOBO, Liah C	12 MOZ	35.88	36.31	10,00
7.	MUTIE, Muela	12 BOT	40.56	37.01	9,00
8.	BANDA, Mphatso	11 ZAM	37.49	37.51	8,00
9.	MOREBODI, Maeva	11 BOT	37.92	38.91	7,00
10.	PALHA, Isis	11 ANG	41.00	39.06	6,00
11.	TINO, Alicia	11 UGA	39.87	40.14	5,00
12.	CHIRWA, Jessie L	12 MAW	42.83	40.44	4,00
13.	MC NAMARA, Kendra	11 SWZ	45.05	40.86	3,00
14.	KANJADZA, DANIELLE	12 MAW	42.96	41.38	2,00
15.	MTSETFWA, Sibó	12 SWZ	53.61	52.15	1,00
EXH	MORAIS, Wendy	10 ANG	EXH	35.41	-
EXH	MORAIS, Wezza	10 ANG	EXH	35.43	-

Event 50 Boys, 50m Butterfly 11 - 12 years
04/05/2023 - 17:05 Results

RECORD 30.04 HART, Ivan KEN 17/02/2019

Rank	Age		Time		
1.	FRASER, Luca	12 SWZ	31.24	30.60	18,00
2.	GUIMARAES, Santiago	12 ANG	32.95	30.77	16,00
3.	BAKWENA, Leruo J	11 BOT	33.14	33.16	14,00
4.	JEAN BAPTISTE, Nasri	12 SEY	33.00	34.34	12,00
5.	HEKANDJO, Kabelo A	12 NAM	35.74	34.41	11,00
6.	CHONGWE, IAN	12 MAW	34.46	35.25	10,00
7.	CHILISA, Jerone	12 BOT	35.54	35.38	9,00
8.	KAUMBA, O'jay W	12 ZAM	38.43	35.96	8,00
9.	MUNTHALI, Kaizer	12 ZAM	37.63	36.59	7,00
10.	MASSIH, Kyle A	12 MOZ	41.00	38.24	6,00
11.	TATI, N'Lwemba	12 ANG	46.80	44.52	5,00

Event 51 Girls, 50m Butterfly 13 - 14 years
04/05/2023 - 17:05 Results

RECORD 30.08 CAMILLE, KOENIG MRI 21/04/2016

Rank	Age		Time		
1.	MORAIS, Nyriam	14 ANG	31.19	30.99	18,00
2.	JURADO, Stephanie	14 ANG	31.55	31.20	16,00
3.	SALESHANDO, Melodi	13 BOT	32.26	32.00	14,00
4.	AH CHIP, CHLOE	14 MRI	31.77	32.21	12,00
5.	DUBE, Caitlyn	14 RSA	32.98	32.39	11,00
6.	MPFUMO, Marta C	13 MOZ	33.59	32.72	10,00
7.	GEYSER, Mikayla	14 NAM	34.09	33.12	9,00

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Event 51, Girls, 50m Butterfly, 13 - 14 years

Rank	Age		Time		
8.	BERGH, Madison S	14 NAM	34.72	34.26	8,00
9.	NTSIE, Tshenolo	14 RSA	37.22	35.54	7,00
10.	ALBINO, Nemzi L	13 MOZ	38.27	37.15	6,00
11.	KESIILWE, Kutlo L	13 BOT	34.69	37.17	5,00
12.	MAKULA, Kyabayinze D	14 UGA	41.00	37.70	4,00
13.	KAWESHA, Inutu	13 ZAM	37.95	38.80	3,00
14.	SHONGWE, Sihlelelwe	13 SWZ	43.68	44.18	2,00
EXH	PEDRO, Beatriz	13 ANG	EXH	35.34	-
EXH	CARVALHO, Nayara	13 ANG	EXH	44.42	-

Event 52 Boys, 50m Butterfly 13 - 14 years
04/05/2023 - 17:10 Results

RECORD 27.18 CUNA, Érico M MOZ 07/05/2015

Rank	Age		Time		
1.	FURTADO, Marco	13 ANG	29.91	29.02	18,00
2.	ESTERHUIZEN, Lorenzo E	14 NAM	29.06	29.05	16,00
3.	DOS SANTOS, Abdul R	14 MOZ	29.12	29.72	14,00
4.	KINNAIRD, Liam	14 NAM	29.73	29.75	12,00
5.	BADAL, Vache	14 RSA	29.49	29.81	11,00
6.	GOMES, Seth	14 ZAM	30.42	29.89	10,00
7.	JAMES, Abongile M	14 RSA	29.32	30.05	9,00
8.	INHENSIKO, Peterson	14 UGA	30.00	30.31	8,00
9.	FRASER, Tiano	14 SWZ	31.63	30.77	7,00
10.	MODIRELABANGWE, Tema	13 BOT	30.92	30.84	6,00
11.	MULENGA, Joshua	14 ZAM	31.31	30.99	5,00
12.	MONTEIRO, Kenzo	14 ANG	32.68	31.99	4,00
13.	MKAVEA, TASUNJE	13 MAW	31.45	32.44	3,00
14.	MARQUES, Rodrigo D	13 MOZ	33.43	33.30	2,00
15.	CAPLE, Preston	13 BOT	34.34	34.36	1,00
16.	DLAMINI, Alwandze	13 SWZ	39.28	34.68	-
DSQ	SMIT, Luka C	14 MAW	30.47	31.00	-
EXH	NGUVO, William	13 ANG	EXH	32.09	-

Event 53 Girls, 50m Butterfly 15 - 16 years
04/05/2023 - 17:15 Results

RECORD 29.35 BLIGNAUT, Lesley C RSA 17/02/2017

Rank	Age		Time		
1.	MITI, Tamenji	15 ZAM	30.59	30.65	18,00
2.	HOY, Hayley	15 SWZ	29.79	30.69	16,00
3.	RAMDHUN, EUNNICE	15 MRI	30.75	31.04	14,00
4.	HARRY, Kyra	16 BOT	31.31	31.15	12,00
5.	SIBIYA, Sinesipho	15 RSA	33.26	32.97	11,00
6.	HUMPHREY, Jessica	15 NAM	31.91	32.98	10,00
7.	FATIMA, Welwitchia	15 ANG	33.19	33.26	9,00
8.	NAUKOSHO, Ariana	16 NAM	32.73	33.30	8,00
9.	LOURENCO, Milena	16 ANG	33.03	33.60	7,00
10.	FERNANDES, Sophie M	16 MOZ	33.09	33.98	6,00

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Event 53, Girls, 50m Butterfly, 15 - 16 years

Rank	Age		Time		
11.	LANGA, Rany D	16 MOZ	33.38	34.11	5,00
12.	CHANG, Jieun	15 BOT	33.19	34.40	4,00
13.	MARITE, Mmabatho M	15 RSA	33.85	35.34	3,00
14.	REBELLO, ZOE	15 MAW	37.36	37.43	2,00
EXH	SANTOS, Inara	15 ANG	EXH	35.93	-
EXH	SANTOS, Neizla	15 ANG	EXH	36.70	-

Event 54

Boys, 50m Butterfly

15 - 16 years

04/05/2023 - 17:15

Results

RECORD 26.63 SCHEEPERS, Junaid A RSA 07/05/2015

Rank	Age		Time		
1.	KEITSILE, Gaamangwe J	15 BOT	26.66	26.90	18,00
	DURAND, Oliver B	15 NAM	26.70	26.90	18,00
3.	BOCA, Diego S	16 MOZ	26.62	26.97	14,00
4.	MATTHEWS, Mmusi	16 BOT	27.21	27.00	12,00
5.	ENGELHARD, Robin	16 NAM	27.34	27.46	11,00
6.	METTLER, Joshua	16 RSA	27.78	27.51	10,00
7.	ANJOS, Enzo	15 ANG	28.29	27.57	9,00
8.	MUNGUAMBE, Cleyton A	16 MOZ	27.22	27.58	8,00
9.	COCHOFEL, Jose	15 ANG	28.50	27.71	7,00
10.	MBAO, Benaiah Z	15 ZAM	28.65	28.23	6,00
11.	TIN WAN YUEN, MATTEO	16 MRI	28.52	28.37	5,00
12.	DE SOUSA, Damien	16 SWZ	28.96	28.74	4,00
13.	HUFNER, Bayanda J	16 RSA	29.45	29.03	3,00
14.	MAZIKANA, Tonderai	15 ZAM	29.91	29.68	2,00
15.	KYABAYINZE, Zaabu D	15 UGA	31.88	31.11	1,00
16.	JELE, Cameron T	16 SWZ	31.77	31.47	-
EXH	AFONSO, Eridney	16 ANG	EXH	29.98	-

Event 55

Women, 50m Butterfly

17 - 29 years

04/05/2023 - 17:20

Results

RECORD 28.65 LEE, Robyn ZIM 17/02/2017

Rank	Age		Time		
1.	LIMA, Lia	21 ANG	29.10	29.91	18,00
2.	CHRISTIE, Leah E	18 RSA	30.14	31.24	16,00
3.	MUTUMBULUA, Trisha	18 NAM	30.35	31.29	14,00
4.	SANFORD, Natalie A	18 UGA	28.62	31.70	12,00
5.	ENGELHARD, Lisa	18 NAM	31.52	32.42	11,00
6.	MATEUS, Alicia E	18 MOZ	30.87	32.51	10,00
7.	CORREIA, Maira L	17 MOZ	34.03	33.07	9,00
8.	PIO, Teegan	17 RSA	31.11	33.55	8,00
9.	YOUNG, Raya	17 SWZ	34.77	34.20	7,00
10.	DLAMINI, Siwakhile T	17 SWZ	35.92	35.85	6,00

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Event 56 Men, 50m Butterfly 17 - 29 years
04/05/2023 - 17:25 Results

RECORD 25.11 RALPH, GOVEIA ZAM 21/04/2016

Rank	Age			Time	
1.	LAWRENCE, Matthew G	19	MOZ	24.54	25.27 18,00
2.	FRANCISCO, Daniel	23	ANG	25.44	25.36 16,00
3.	SALIBOKO, Collins P	21	TAN	25.52	25.76 14,00
4.	GORDO, Salvador	20	ANG	25.04	25.92 12,00
5.	LOBO, Caio M	17	MOZ	26.59	26.70 11,00
6.	HENNING, Marco T	20	NAM	27.02	26.88 10,00
7.	SHAMAMBO, Damien S	19	ZAM	27.29	27.56 9,00
8.	MWAMBA, Wina M	19	ZAM	27.44	27.86 8,00
9.	NAGAPIN, Nathan	17	SEY	28.58	28.36 7,00
10.	DE JAGER, Christopher	18	NAM	27.41	28.48 6,00
11.	PHEEHA, Moloko J	17	RSA	28.57	28.53 5,00
12.	DLAMINI, Simanga	25	SWZ	28.98	29.14 4,00
13.	BANDA, ASHER	17	MAW	32.42	30.78 3,00
14.	DLAMINI, Simphiwe M	23	SWZ	NT	31.55 2,00
EXH	AGOSTINHO, Adelino	19	ANG	EXH	28.50 -
EXH	LUTANGO, Emanuel	19	ANG	EXH	29.96 -

Event 213 Women, 50m Butterfly 30 years and older
04/05/2023 - 17:25 Results

RECORD 28.65 LEE, Robyn ZIM 17/02/2017

Rank	Age			Time	
30 - 44 years					
1.	GOMES, Urshlla	36	ZAM	NT	47.76 -
2.	PEACH, Sophie	35	ZAM	58.03	49.70 -

Event 214 Men, 50m Butterfly 30 years and older
04/05/2023 - 17:30 Results

RECORD 25.11 RALPH, GOVEIA ZAM 21/04/2016

Rank	Age			Time	
30 - 44 years					
1.	PANZO, Jose	31	ANG	NT	28.98 -
2.	ALBERTO, Carlos	30	ANG	NT	29.81 -
3.	SHONE, Matthew	30	ZAM	NT	30.63 -
EXH	AFONSO, Luciano	26	ANG	NT	31.22 -
EXH	MANUEL, Samuel	29	ANG	NT	32.75 -

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Event 57 Girls, 4 x 100m Freestyle 14 years and younger
04/05/2023 - 17:30 Results

RECORD 4:13.21 MAURITIUS MRI 21/04/2016

Rank					Time	
1.	NAM 1		NAM	4:29.83	4:24.76	18,00
	NAUKOSHO, Ainoa	12	1:05.88	MATYAYI, Roselinda	12	1:06.68
	BERGH, Madison S	14	1:07.46	GEYSER, Mikayla	14	1:04.74
2.	MOZ 1		MOZ	4:33.26	4:28.52	16,00
	MPFUMO, Marta C	13	1:06.15	ALBINO, Nemzi L	13	1:09.37
	CHICUMBE, Angela	11	1:08.71	TOME, Zuri R	13	1:04.29
3.	RSA 1		RSA	4:31.48	4:33.06	14,00
	DUBE, Caitlyn	14	1:08.90	MAGOTSI, Riziki A	13	1:07.16
	NTSIE, Tshenolo	14	1:08.45	THOBEHA, Naledi	14	1:08.55
4.	ANG 1		ANG	NT	4:33.65	12,00
	SANTO, Rhanya	13	1:07.95	CLEMENTE, Ines	14	1:14.66
	JURADO, Stephanie	14	1:06.14	MORAIS, Nyriam	14	1:04.90
5.	ZAM 1		ZAM	4:41.21	4:44.41	11,00
	MITI, Sibongile	12	1:08.90	KAWESHA, Inutu	13	1:12.33
	CHAMA, Natania	11	1:12.77	MBEWE, Winnie M	13	1:10.41
6.	BOT 1		BOT	4:33.14	4:44.55	10,00
	CHANG, Yun-suh	14	1:10.23	KESIILWE, Kutlo L	13	1:12.60
	MUTIE, Muela	12	1:14.24	SALESHANDO, Melodi	13	1:07.48

Event 58 Boys, 4 x 100m Freestyle 14 years and younger
04/05/2023 - 17:35 Results

RECORD 3:53.33 Republic of South Africa RSA 17/02/2017

Rank					Time	
1.	ZAM 1		ZAM	4:06.41	4:04.61	18,00
	MULENGA, Joshua	14	59.77	CATALDI, Giacinto M	14	1:02.41
	DESAI, Aaryan S	14	1:00.47	GOMES, Seth	14	1:01.96
2.	MOZ 1		MOZ	4:11.20	4:08.42	16,00
	COHEN, Mason E	13	1:00.41	MARQUES, Rodrigo D	13	1:03.81
	MENETE, Lazaro H	13	1:01.89	DOS SANTOS, Abdul R	14	1:02.31
3.	ANG 1		ANG	NT	4:10.14	14,00
	GUIMARAES, Santiago	12	1:02.55	MONTEIRO, Kenzo	14	1:04.78
	FURTADO, Marco	13	1:02.75	SOUSA, Guilherme	14	1:00.06
4.	RSA 1		RSA	4:12.22	4:12.19	12,00
	BADAL, Vache	14	1:02.58	PARUK, Ridha	13	1:04.54
	JAMES, Abongile M	14	1:03.34	NTAKA, Siyanda L	14	1:01.73
5.	BOT 1		BOT	4:28.09	4:31.76	11,00
	MODIRELABANGWE, Tema	13	1:06.76	CAPLE, Preston	13	1:07.26
	BAKWENA, Leruo J	11	1:11.83	MOREBODI, Theo	14	1:05.91

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Event 59 Women, 4 x 100m Freestyle 15 - 29 years
04/05/2023 - 17:40 Results

RECORD 4:10.28 ZIM A cana 17 ZIM 17/02/2017

Rank					Time	
1.	ANG 1		ANG	NT	4:14.94	18,00
	FERNANDES, N'Hara	16	1:04.75	SANTO, Rafaela	18	1:03.74
	LIMA, Lia	21	1:05.15	FREITAS, Maria	26	1:01.30
2.	NAM 1		NAM	4:15.05	4:16.75	16,00
	HUMPHREY, Jessica	15	1:04.01	ENGELHARD, Lisa	18	1:04.82
	KINNAIRD, Levette B	16	1:04.65	MUTUMBULUA, Trisha	18	1:03.27
3.	RSA 1		RSA	4:16.36	4:20.50	14,00
	CHRISTIE, Leah E	18	1:01.98	VALLI, Farhah	15	1:08.07
	RIGBY, Hannah P	15	1:04.06	PIO, Teegan	17	1:06.39
4.	MOZ 1		MOZ	4:30.77	4:36.85	12,00
	FERNANDES, Sophie M	16	1:08.27	LANGA, Rany D	16	1:12.55
	DOMINGUES, Ana Beatriz F	15	1:09.83	MATEUS, Alicia E	18	1:06.20

Event 60 Men, 4 x 100m Freestyle 15 - 29 years
04/05/2023 - 17:45 Results

RECORD 3:37.94 MAURITIUS MRI 21/04/2016

Rank					Time	
1.	ANG 1		ANG	NT	3:36.05	18,00
	MASCARENHAS, Henrique	21	53.19	FURTADO, Yusseni	18	55.05
	FRANCISCO, Daniel	23	53.87	GORDO, Salvador	20	53.94
2.	MOZ 1		MOZ	3:39.68	3:37.63	16,00
	FAFTINE, Kaio d	17	54.59	MUNGUAMBE, Cleyton A	16	55.26
	BOCA, Diego S	16	54.92	LAWRENCE, Matthew G	19	52.86
3.	NAM 1		NAM	3:40.46	3:38.49	14,00
	MAGONGO, Brave	17	55.72	WELLMANN, Arkell J	20	55.33
	DURAND, Oliver B	15	54.62	HENNING, Marco T	20	52.82
4.	BOT 1		BOT	3:57.50	3:53.56	12,00
	MATTHEWS, Mmusi	16	57.87	MOTHIBATSELA, Ntsika	15	59.61
	KHONAT, Rayhan	15	58.59	KEITSILE, Gaamangwe J	15	57.49
5.	RSA 1		RSA	3:48.41	3:54.65	11,00
	PHEEHA, Moloko J	17	55.46	BEUKES, Wade	16	59.07
	HUFNER, Bayanda J	16	1:00.00	METTLER, Joshua	16	1:00.12
6.	ZAM 1		ZAM	4:01.02	4:03.47	10,00
	MBAO, Benaiah Z	15	58.36	SYAMUJAYE, Mudenda	16	1:01.59
	MWAMBA, Wina M	19	59.95	COONEY, Zoah	15	1:03.57

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5 - Morning Session - 5 May 2023

05/05/2023 - 9:30

Event 61 Girls, 400m Freestyle 14 years and younger
05/05/2023 - 9:30 Results

RECORD 4:37.97 COETZEE, Lise RSA 18/02/2019

Rank			Age					Time	
1.	NAUKOSHO, Ainoa		12	NAM		4:58.24	4:57.81	18,00	
	50m:	150m:		250m:	350m:				
	100m: 1:09.75	200m: 2:25.82		300m: 3:43.98	400m: 4:57.81				
2.	BERGH, Madison S		14	NAM		5:14.01	5:01.29	16,00	
	50m:	150m:		250m:	350m:				
	100m: 1:10.73	200m: 2:29.00		300m: 3:47.49	400m: 5:01.29				
3.	AH CHIP, CHLOE		14	MRI		5:01.37	5:01.44	14,00	
	50m:	150m:		250m:	350m:				
	100m: 1:13.13	200m: 2:30.44		300m: 3:47.97	400m: 5:01.44				
4.	SANTO, Rhanya		13	ANG		5:04.80	5:05.01	12,00	
	50m:	150m:		250m:	350m:				
	100m: 1:11.50	200m: 2:30.24		300m: 3:49.55	400m: 5:05.01				
5.	MPFUMO, Marta C		13	MOZ		5:17.67	5:20.21	11,00	
	50m:	150m:		250m:	350m:				
	100m: 1:11.62	200m: 2:31.44		300m: 3:56.36	400m: 5:20.21				
6.	MAGOTSI, Riziki A		13	RSA		5:39.53	5:25.72	10,00	
	50m:	150m:		250m:	350m:				
	100m: 1:15.41	200m: 2:37.37		300m: 4:01.96	400m: 5:25.72				
7.	TOME, Zuri R		13	MOZ		5:20.98	5:26.74	9,00	
	50m:	150m:		250m:	350m:				
	100m: 1:15.85	200m: 2:39.25		300m: 4:04.06	400m: 5:26.74				
8.	KESIILWE, Kutlo L		13	BOT		5:33.01	5:34.34	8,00	
	50m:	150m:		250m:	350m:				
	100m: 1:15.67	200m: 2:41.47		300m: 4:09.52	400m: 5:34.34				
9.	DUBE, Caitlyn		14	RSA		5:57.17	5:36.44	7,00	
	50m:	150m:		250m:	350m:				
	100m: 1:19.33	200m: 2:45.68		300m: 4:12.47	400m: 5:36.44				
10.	MBEWE, Winnie M		13	ZAM		5:43.24	5:42.00	6,00	
	50m:	150m:		250m:	350m:				
	100m: 1:18.87	200m: 2:47.85		300m: 4:16.84	400m: 5:42.00				
11.	MOYO, NANDIPA		12	ZAM		5:51.41	5:47.20	5,00	
	50m:	150m:		250m:	350m:				
	100m: 1:21.16	200m: 2:50.16		300m: 4:20.75	400m: 5:47.20				
12.	JANOTA, Nelma		13	ANG		5:52.31	5:50.12	4,00	
	50m:	150m:		250m:	350m:				
	100m: 1:20.85	200m: 2:51.02		300m: 4:22.10	400m: 5:50.12				
13.	MOREBODI, Maeva		11	BOT		5:39.18	5:57.55	3,00	
	50m:	150m:		250m:	350m:				
	100m: 1:22.05	200m: 2:54.02		300m: 4:28.72	400m: 5:57.55				
EXH	CARVALHO, Nayara		13	ANG		EXH	6:51.96	-	
	50m:	150m:		250m:	350m:				
	100m: 1:28.73	200m: 3:16.41		300m: 5:05.19	400m: 6:51.96				

CANA Zone IV Swimming Championship-Angola 2023
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Event 62 Boys, 400m Freestyle 14 years and younger
05/05/2023 - 9:35 Results

RECORD 4:27.15 SPIEKER, Ethan R RSA 18/02/2017

Rank	Age	Country	Time
1. NAKHUDA, ALYOSHA	14	MRI	4:36.94 4:36.68 18,00
50m:	150m:	250m:	350m:
100m: 1:04.72	200m: 2:15.19	300m: 3:26.65	400m: 4:36.68
2. ESTERHUIZEN, Lorenzo E	14	NAM	4:45.30 4:44.41 16,00
50m:	150m:	250m:	350m:
100m: 1:08.15	200m: 2:22.22	300m: 3:33.86	400m: 4:44.41
3. MULENGA, Joshua	14	ZAM	5:00.28 4:48.73 14,00
50m:	150m:	250m:	350m:
100m: 1:06.85	200m: 2:19.38	300m: 3:34.96	400m: 4:48.73
4. KINNAIRD, Liam	14	NAM	4:48.70 4:49.67 12,00
50m:	150m:	250m:	350m:
100m: 1:09.07	200m: 2:24.63	300m: 3:38.22	400m: 4:49.67
5. DESAI, Aaryan S	14	ZAM	5:10.80 4:55.76 11,00
50m:	150m:	250m:	350m:
100m: 1:07.65	200m: 2:24.31	300m: 3:42.41	400m: 4:55.76
6. DOS SANTOS, Abdul R	14	MOZ	5:00.72 4:58.94 10,00
50m:	150m:	250m:	350m:
100m: 1:10.97	200m: 2:25.62	300m: 3:42.68	400m: 4:58.94
7. FERNANDES, Carlos	14	ANG	5:39.10 5:00.83 9,00
50m:	150m:	250m:	350m:
100m: 1:09.55	200m: 2:25.56	300m: 3:44.09	400m: 5:00.83
8. NTAKA, Siyanda L	14	RSA	5:04.79 5:07.33 8,00
50m:	150m:	250m:	350m:
100m: 1:11.18	200m: 2:30.55	300m: 3:51.25	400m: 5:07.33
9. MENETE, Lazaro H	13	MOZ	5:02.35 5:07.46 7,00
50m:	150m:	250m:	350m:
100m: 1:09.36	200m: 2:28.53	300m: 3:50.95	400m: 5:07.46
10. MOREBODI, Theo	14	BOT	5:21.45 5:18.26 6,00
50m:	150m:	250m:	350m:
100m: 1:14.29	200m: 2:36.52	300m: 4:01.23	400m: 5:18.26
11. CAPLE, Preston	13	BOT	5:35.89 5:19.40 5,00
50m:	150m:	250m:	350m:
100m: 1:14.40	200m: 2:37.40	300m: 4:01.34	400m: 5:19.40
12. MKAVEA, TASUNJE	13	MAW	5:21.91 5:23.60 4,00
50m:	150m:	250m:	350m:
100m: 1:16.12	200m: 2:41.18	300m: 4:05.15	400m: 5:23.60
13. MAKWENDA, JEREMIAH T	13	MAW	5:23.96 5:23.83 3,00
50m:	150m:	250m:	350m:
100m: 1:17.64	200m: 2:40.22	300m: 4:05.24	400m: 5:23.83
14. JAMES, Abongile M	14	RSA	5:02.50 5:25.76 2,00
50m:	150m:	250m:	350m:
100m: 1:15.85	200m: 2:40.25	300m: 4:04.97	400m: 5:25.76
15. MONTEIRO, Kenzo	14	ANG	5:52.67 5:49.55 1,00
50m:	150m:	250m:	350m:
100m: 1:17.57	200m: 2:45.70	300m: 4:17.29	400m: 5:49.55

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Event 63 Women, 400m Freestyle 15 - 29 years
05/05/2023 - 9:45 Results

RECORD 4:33.50 LEE, ROBYN ZIM 22/04/2017

Rank	Age			Time	
1. RIGBY, Hannah P	15	RSA		4:45.59	4:48.20 18,00
50m:	150m:	250m:	350m:		
100m: 1:09.84	200m: 2:24.08	300m: 3:37.13	400m: 4:48.20		
2. FREITAS, Maria	26	ANG		NT	4:51.89 16,00
50m:	150m:	250m:	350m:		
100m: 1:11.06	200m: 2:26.21	300m: 3:40.65	400m: 4:51.89		
3. BRINKMANN, Maja J	15	NAM		5:02.61	4:55.13 14,00
50m:	150m:	250m:	350m:		
100m: 1:11.27	200m: 2:27.76	300m: 3:42.34	400m: 4:55.13		
4. PIO, Teegan	17	RSA		4:50.03	4:55.46 12,00
50m:	150m:	250m:	350m:		
100m: 1:10.85	200m: 2:26.86	300m: 3:42.47	400m: 4:55.46		
5. HUMPHREY, Jessica	15	NAM		5:02.64	4:59.72 11,00
50m:	150m:	250m:	350m:		
100m: 1:12.31	200m: 2:29.50	300m: 3:46.04	400m: 4:59.72		
6. VIEIRA, Alexia	15	ANG		4:52.81	5:02.06 10,00
50m:	150m:	250m:	350m:		
100m: 1:12.01	200m: 2:29.47	300m: 3:46.42	400m: 5:02.06		
7. FERNANDES, Sophie M	16	MOZ		5:22.07	5:12.87 9,00
50m:	150m:	250m:	350m:		
100m: 1:13.27	200m: 2:33.31	300m: 3:53.81	400m: 5:12.87		
8. GIL, Larissa F	18	MOZ		5:19.04	5:33.47 8,00
50m:	150m:	250m:	350m:		
100m: 1:16.90	200m: 2:42.59	300m: 4:09.54	400m: 5:33.47		
EXH NUNES, Ana Lueji	15	ANG		EXH	5:44.06 -
50m:	150m:	250m:	350m:		
100m: 1:19.83	200m: 2:48.44	300m: 4:18.28	400m: 5:44.06		

Event 64 Men, 400m Freestyle 15 - 29 years
05/05/2023 - 9:50 Results

RECORD 4:04.44 IGOR, MOGNE MOZ 08/05/2016

Rank	Age			Time	
1. DURAND, Oliver B	15	NAM		4:11.22	4:15.14 18,00
50m:	150m:	250m:	350m:		
100m: 1:00.85	200m: 2:07.55	300m: 3:14.67	400m: 4:15.14		
2. FAFTINE, Kaio d	17	MOZ		4:18.35	4:17.52 16,00
50m:	150m:	250m:	350m:		
100m: 1:01.72	200m: 2:08.65	300m: 3:15.59	400m: 4:17.52		
3. MASCARENHAS, Henrique	21	ANG		4:12.08	4:18.39 14,00
50m:	150m:	250m:	350m:		
100m: 1:01.47	200m: 2:08.01	300m: 3:15.10	400m: 4:18.39		
4. HENNING, Marco T	20	NAM		4:24.62	4:25.97 12,00
50m:	150m:	250m:	350m:		
100m: 1:01.48	200m: 2:09.25	300m: 3:18.50	400m: 4:25.97		
5. MUNGUAMBE, Cleyton A	16	MOZ		4:32.21	4:28.59 11,00
50m:	150m:	250m:	350m:		
100m: 1:02.69	200m: 2:13.33	300m: 3:22.29	400m: 4:28.59		

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Event 64, Men, 400m Freestyle, 15 - 29 years

Rank			Age			Time	
6.	BEUKES, Wade		16	RSA		4:30.32	4:33.44 10,00
	50m:	150m:		250m:	350m:		
	100m: 1:03.29	200m: 2:12.48		300m: 3:22.68	400m: 4:33.44		
7.	KHONAT, Rayhan		15	BOT		4:40.19	4:35.98 9,00
	50m:	150m:		250m:	350m:		
	100m: 1:04.43	200m: 2:15.54		300m: 3:27.31	400m: 4:35.98		
8.	PHEEHA, Moloko J		17	RSA		4:34.03	4:36.10 8,00
	50m:	150m:		250m:	350m:		
	100m: 1:02.81	200m: 2:12.94		300m: 3:25.19	400m: 4:36.10		
9.	DUARTE, Joao		21	ANG		4:42.50	4:37.91 7,00
	50m:	150m:		250m:	350m:		
	100m: 1:04.78	200m: 2:15.34		300m: 3:27.23	400m: 4:37.91		
10.	TIN WAN YUEN, MATTEO		16	MRI		4:30.00	4:39.18 6,00
	50m:	150m:		250m:	350m:		
	100m: 1:03.47	200m: 2:14.56		300m: 3:28.15	400m: 4:39.18		
11.	MOTHIBATSELA, Ntsika		15	BOT		NT	4:51.61 5,00
	50m:	150m:		250m:	350m:		
	100m: 1:06.87	200m: 2:21.04		300m: 3:38.26	400m: 4:51.61		
12.	COONEY, Zoah		15	ZAM		4:58.27	4:52.91 4,00
	50m:	150m:		250m:	350m:		
	100m: 1:06.14	200m: 2:20.73		300m: 3:37.51	400m: 4:52.91		
EXH	CATARINO, Francisco		24	ANG		EXH	5:30.69 -
	50m:	150m:		250m:	350m:		
	100m: 1:13.78	200m: 2:36.85		300m: 4:04.18	400m: 5:30.69		

Event 215 Women, 400m Freestyle 30 years and older
05/05/2023 - 9:55 Results

RECORD 4:33.50 LEE, ROBYN ZIM 22/04/2017

Event 216 Men, 400m Freestyle 30 years and older
05/05/2023 - 9:55 Results

RECORD 4:04.44 IGOR, MOGNE MOZ 08/05/2016

Event 65 Girls, 100m Butterfly 11 - 12 years
05/05/2023 - 9:55 Results

RECORD 1:12.77 MIA, PHIRI ZAM 22/04/2016

Points: FINA 2023

Rank			Age			Time	Pts	50m	100m
1.	MATYAYI, Roselinda		12	NAM		1:10.97	477		
2.	NAUKOSHO, Ainoa		12	NAM		1:15.05	403		
3.	SUUBI, Mary P		12	UGA		1:15.22	401		
4.	MITI, Sibongile		12	ZAM		1:15.57	395		
5.	CHICUMBE, Angela		11	MOZ		1:19.90	334		
6.	LOBO, Liah C		12	MOZ		1:27.83	252		
7.	BANDA, Mphatso		11	ZAM		1:29.35	239		
8.	LIMA, Joana		12	ANG		1:31.01	226		
9.	MUTIE, Muela		12	BOT		1:34.78	200		
10.	CHIRWA, Jessie L		12	MAW		1:42.43	158		

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Event 65, Girls, 100m Butterfly

EXH MORAIS, Wendy 10 ANG **1:30.37**
EXH Swimmer

Event 66

Boys, 100m Butterfly

11 - 12 years
Results

05/05/2023 - 10:00

RECORD 1:06.20 BURGER, Mikah K NAM 18/02/2017

Points: FINA 2023

Rank		Age		Time	Pts	50m	100m
1.	GUIMARAES, Santiago	12	ANG	1:13.36	306		
2.	JEAN BAPTISTE, Nasri	12	SEY	1:18.50	249		
3.	HEKANDJO, Kabelo A	12	NAM	1:21.12	226		
4.	MUNTHALI, Kaizer	12	ZAM	1:21.69	221		
5.	CHONGWE, IAN	12	MAW	1:24.31	201		
6.	DODE, Davi	12	ANG	1:24.53	200		
7.	CHILISA, Jerone	12	BOT	1:28.48	174		
8.	BAKWENA, Leruo J	11	BOT	1:29.33	169		

Event 67

Girls, 100m Butterfly

13 - 14 years
Results

05/05/2023 - 10:05

RECORD 1:07.40 OLIVER, Tori C RSA 18/02/2017

Points: FINA 2023

Rank		Age		Time	Pts	50m	100m
1.	AH CHIP, CHLOE	14	MRI	1:12.40	449		
2.	MORAIS, Nyriam	14	ANG	1:13.06	437		
3.	JURADO, Stephanie	14	ANG	1:13.57	428		
4.	MAGOTSI, Riziki A	13	RSA	1:17.34	369		
5.	GEYSER, Mikayla	14	NAM	1:17.35	369		
6.	MPFUMO, Marta C	13	MOZ	1:19.24	343		
7.	BERGH, Madison S	14	NAM	1:20.23	330		
8.	DUBE, Caitlyn	14	RSA	1:20.76	324		
9.	KESILWE, Kutlo L	13	BOT	1:31.44	223		
EXH	PEDRO, Beatriz	13	ANG	1:28.60	245		

Event 68

Boys, 100m Butterfly

13 - 14 years
Results

05/05/2023 - 10:05

RECORD 1:00.89 AH YONG, Victor MRI 18/02/2019

Points: FINA 2023

Rank		Age		Time	Pts	50m	100m
1.	ESTERHUIZEN, Lorenzo E	14	NAM	1:04.02	460		
2.	DOS SANTOS, Abdul R	14	MOZ	1:06.80	405		
3.	FURTADO, Marco	13	ANG	1:07.65	390		
4.	GOMES, Seth	14	ZAM	1:08.53	375		
5.	KINNAIRD, Liam	14	NAM	1:09.50	360		
6.	SOUSA, Guilherme	14	ANG	1:09.54	359		
7.	JAMES, Abongile M	14	RSA	1:12.35	319		
8.	DESAI, Aaryan S	14	ZAM	1:12.36	319		
9.	COHEN, Mason E	13	MOZ	1:12.53	316		
10.	MODIRELABANGWE, Tema	13	BOT	1:15.80	277		
11.	MKAVEA, TASUNJE	13	MAW	1:17.61	258		
12.	MOREBODI, Theo	14	BOT	1:30.65	162		

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Event 68, Boys, 100m Butterfly

EXH NGUVO, William 13 ANG **1:20.46** 232

Event 69

Girls, 100m Butterfly

15 - 16 years

05/05/2023 - 10:05

Results

RECORD 1:06.62 ELODIE, WONG MRI 22/04/2016

Points: FINA 2023

Rank		Age		Time	Pts	50m	100m
1.	HOY, Hayley	15	SWZ	1:09.12	517		
2.	HARRY, Kyra	16	BOT	1:12.76	443		
3.	MITI, Tamenji	15	ZAM	1:12.85	441		
4.	RIGBY, Hannah P	15	RSA	1:15.12	402		
5.	RAMDHUN, EUNNICE	15	MRI	1:15.28	400		
6.	NAUKOSHO, Ariana	16	NAM	1:16.37	383		
7.	VIEIRA, Alexia	15	ANG	1:16.74	377		
8.	HUMPHREY, Jessica	15	NAM	1:17.47	367		
9.	XAVIER, Filipa A	16	MOZ	1:19.79	336		
10.	FERNANDES, Sophie M	16	MOZ	1:21.02	321		
11.	MARITE, Mmabatho M	15	RSA	1:21.98	309		
12.	ZHUKOV, Aleksandra	15	ANG	1:22.87	300		
EXH	SANTOS, Inara	15	ANG	1:28.27	248		

Event 70

Boys, 100m Butterfly

15 - 16 years

05/05/2023 - 10:10

Results

RECORD 57.24 YOUNG, Victor RSA 22/02/2020

Points: FINA 2023

Rank		Age		Time	Pts	50m	100m
1.	DURAND, Oliver B	15	NAM	58.44	605		
2.	MUNGUAMBE, Cleyton A	16	MOZ	59.17	583		
3.	KEITSILE, Gaamangwe J	15	BOT	59.55	572		
4.	BOCA, Diego S	16	MOZ	59.88	563		
5.	ENGELHARD, Robin	16	NAM	1:02.31	499		
6.	ANJOS, Enzo	15	ANG	1:02.33	499		
7.	BREDEL, Rafael	15	ANG	1:02.93	485		
8.	TIN WAN YUEN, MATTEO	16	MRI	1:03.34	475		
9.	MOTHIBATSELA, Ntsika	15	BOT	1:04.03	460		
10.	METTLER, Joshua	16	RSA	1:06.16	417		
11.	HUFNER, Bayanda J	16	RSA	1:07.34	395		
12.	MBAO, Benaiah Z	15	ZAM	1:09.53	359		
13.	MAZIKANA, Tonderai	15	ZAM	1:11.11	336		
EXH	AFONSO, Eridney	16	ANG	1:09.29	363		

CANA Zone IV Swimming Championship-Angola 2023
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Event 71 Women, 100m Butterfly 17 - 29 years
05/05/2023 - 10:10 Results

RECORD 1:04.43 LEE, Robyn ZIM 18/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	21	ANG	1:07.38	558		
2.	18	NAM	1:09.39	511		
3.	19	NAM	1:11.69	463		
4.	17	RSA	1:12.30	451		
5.	18	MOZ	1:15.57	395		
6.	18	RSA	1:16.49	381		
7.	18	UGA	1:17.46	367		
8.	17	MOZ	1:24.64	281		

Event 72 Men, 100m Butterfly 17 - 29 years
05/05/2023 - 10:15 Results

RECORD 56.34 RALPH, GOVEIA ZAM 22/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	20	ANG	56.31	677		
2.	19	MOZ	56.76	661		
3.	21	TAN	57.06	650		
4.	20	NAM	59.33	578		
5.	17	MOZ	1:00.18	554		
6.	19	ANG	1:00.93	534		
7.	20	NAM	1:01.39	522		
8.	17	RSA	1:02.71	490		
9.	19	ZAM	1:03.43	473		
10.	25	SWZ	1:05.48	430		
EXH	19	ANG	1:09.83	355		
EXH	19	ANG	1:10.82	340		

Event 217 Women, 100m Butterfly 30 years and older
05/05/2023 - 10:15 Results

RECORD 1:04.43 LEE, Robyn ZIM 18/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
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Event 218 Men, 100m Butterfly 30 years and older
05/05/2023 - 10:15 Results

RECORD 56.34 RALPH, GOVEIA ZAM 22/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
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30 - 44 years

1.	31	ANG	1:12.95	311		
EXH	25	ANG				
EXH	26	ANG	1:21.71	221		

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6 - Afternoon Session - 5 May 2023

05/05/2023 - 16:00

Event 73 Girls, 50m Backstroke 11 - 12 years
05/05/2023 - 16:00 Results

RECORD 33.07 MIA, PHIRI ZAM 21/04/2016

Rank	Age			Time	
1. MATYAYI, Roselinda <i>Record</i>	12	NAM	32.71	32.42	18,00
2. NAUKOSHO, Ainoa	12	NAM	34.44	34.59	16,00
3. MITI, Sibongile	12	ZAM	35.73	35.58	14,00
4. MBANGA, Zara M	11	UGA	35.03	36.83	12,00
5. CHAMA, Natania	11	ZAM	37.91	37.51	11,00
6. COSTA, Aline A	12	MOZ	38.50	38.10	10,00
7. MOREBODI, Maeva	11	BOT	39.91	39.34	9,00
8. LOBO, Liah C	12	MOZ	39.99	39.39	8,00
9. LIMA, Mariana	12	ANG	40.86	39.52	7,00
10. KANJADZA, DANIELLE	12	MAW	40.52	40.43	6,00
11. WILSCH, Danika	12	SWZ	43.67	43.12	5,00
12. TINO, Alicia	11	UGA	44.75	44.63	4,00
13. CHIRWA, Jessie L	12	MAW	49.96	48.31	3,00
14. MTSETFWA, Sibó	12	SWZ	52.19	49.78	2,00
EXH MORAIS, Wezza	10	ANG	EXH	40.18	-

Event 74 Boys, 50m Backstroke 11 - 12 years
05/05/2023 - 16:00 Results

RECORD 32.69 L'ARROGANT, Hugo MRI 17/02/2019

Rank	Age			Time	
1. GUIMARAES, Santiago	12	ANG	38.54	34.45	18,00
2. FRASER, Luca	12	SWZ	NT	34.75	16,00
3. HEKANDJO, Kabelo A	12	NAM	37.74	36.22	14,00
4. CHILISA, Jerone	12	BOT	34.84	36.59	12,00
5. BAKWENA, Leruo J	11	BOT	37.86	37.56	11,00
6. KAUMBA, O'jay W	12	ZAM	40.10	37.59	10,00
7. MASSIH, Kyle A	12	MOZ	39.39	38.51	9,00
8. OPPERMAN, Cornelius	11	SEY	37.50	39.19	8,00
9. TATI, N'Lwemba	12	ANG	41.58	40.25	7,00
10. MUNTHALI, Kaizer	12	ZAM	43.76	42.20	6,00

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Event 75 Girls, 50m Backstroke 13 - 14 years
05/05/2023 - 16:05 Results

RECORD 31.85 CAMILLE, KOENIG MRI 21/04/2016

Rank	Age		Time	
1.	THOBEHA, Naledi	14 RSA	32.46	33.50 18,00
2.	JURADO, Stephanie	14 ANG	34.65	34.71 16,00
3.	GEYSER, Mikayla	14 NAM	35.40	34.81 14,00
4.	SALESHANDO, Melodi	13 BOT	34.37	35.22 12,00
5.	ALBINO, Nemzi L	13 MOZ	35.40	35.42 11,00
6.	TOME, Zuri R	13 MOZ	35.60	35.46 10,00
7.	SANTO, Rhanya	13 ANG	36.88	35.52 9,00
8.	BERGH, Madison S	14 NAM	37.00	36.11 8,00
9.	CHANG, Yun-suh	14 BOT	36.93	36.86 7,00
	AH CHIP, CHLOE	14 MRI	35.89	36.86 7,00
11.	MAKULA, Kyabayinze D	14 UGA	36.99	37.15 5,00
12.	DUBE, Caitlyn	14 RSA	36.60	37.42 4,00
13.	MBEWE, Winnie M	13 ZAM	39.00	39.18 3,00
14.	KAWESHA, Inutu	13 ZAM	41.32	39.21 2,00
15.	SHONGWE, Sihlelelwe	13 SWZ	48.13	45.98 1,00
EXH	PEDRO, Beatriz	13 ANG	EXH	38.74 -
EXH	CARVALHO, Nayara	13 ANG	EXH	39.14 -

Event 76 Boys, 50m Backstroke 13 - 14 years
05/05/2023 - 16:05 Results

RECORD 29.81 CUNA, Érico M MOZ 07/05/2015

Rank	Age		Time	
1.	ESTERHUIZEN, Lorenzo E	14 NAM	30.84	30.44 18,00
2.	BADAL, Vache	14 RSA	29.85	30.56 16,00
3.	KINNAIRD, Liam	14 NAM	30.94	30.67 14,00
4.	COHEN, Mason E	13 MOZ	31.83	30.99 12,00
5.	NAKHUDA, ALYOSHA	14 MRI	32.80	32.93 11,00
	GOMES, Seth	14 ZAM	33.21	32.93 11,00
7.	MENETE, Lazaro H	13 MOZ	33.00	32.99 9,00
8.	SMIT, Luka C	14 MAW	32.24	33.04 8,00
	INHENSIKO, Peterson	14 UGA	31.73	33.04 8,00
10.	FURTADO, Marco	13 ANG	33.22	33.19 6,00
11.	PARUK, Ridha	13 RSA	34.24	33.43 5,00
12.	MULENGA, Joshua	14 ZAM	34.37	33.62 4,00
13.	MODIRELABANGWE, Tema	13 BOT	35.25	34.32 3,00
14.	CAPLE, Preston	13 BOT	33.34	34.96 2,00
15.	MONTEIRO, Kenzo	14 ANG	37.24	36.05 1,00
16.	MAKWENDA, JEREMIAH T	13 MAW	35.33	37.51 -
17.	WAY, Tristan	13 SWZ	41.33	39.73 -
18.	DLAMINI, Alwandze	13 SWZ	42.43	39.83 -

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Event 77 Girls, 50m Backstroke 15 - 16 years
05/05/2023 - 16:10 Results

RECORD 31.94 MUNRO, Kelsea RSA 17/02/2019

Rank	Age		Time	
1.	HUMPHREY, Jessica	15 NAM	31.96	31.53 18,00 #
2.	RIGBY, Hannah P	15 RSA	33.79	33.91 16,00
3.	BRINKMANN, Maja J	15 NAM	34.62	34.06 14,00
4.	SIBIYA, Sinesipho	15 RSA	35.34	34.43 12,00
5.	HOY, Hayley	15 SWZ	34.83	34.48 11,00
6.	XAVIER, Filipa A	16 MOZ	34.06	34.80 10,00
7.	MITI, Tamenji	15 ZAM	35.03	34.82 9,00
8.	LANGA, Rany D	16 MOZ	35.49	35.93 8,00
9.	HARRY, Kyra	16 BOT	34.28	36.74 7,00
10.	CHANG, Jieun	15 BOT	36.73	37.40 6,00
11.	LOURENCO, Milena	16 ANG	37.63	37.95 5,00
12.	FATIMA, Welwitchia	15 ANG	39.16	38.96 4,00
13.	REBELLO, ZOE	15 MAW	38.86	39.04 3,00
EXH	NUNES, Ana Lueji	15 ANG	EXH	40.91 -

Event 78 Boys, 50m Backstroke 15 - 16 years
05/05/2023 - 16:10 Results

RECORD 28.88 WANTENAAR, Ronan Z NAM 17/02/2017

Rank	Age		Time	
1.	DURAND, Oliver B	15 NAM	28.83	28.49 18,00 #
2.	BOCA, Diego S	16 MOZ	28.78	28.60 16,00
3.	MATTHEWS, Mmusi	16 BOT	29.09	29.02 14,00
4.	ENGELHARD, Robin	16 NAM	30.78	29.79 12,00
5.	MUNGUAMBE, Cleyton A	16 MOZ	31.52	30.17 11,00
6.	ANJOS, Enzo	15 ANG	31.60	30.19 10,00
7.	BREDEL, Rafael	15 ANG	31.63	31.00 9,00
8.	KEITSILE, Gaamangwe J	15 BOT	29.92	31.07 8,00
9.	SEKANO, Kutlwano R	15 RSA	32.84	31.48 7,00
10.	KYABAYINZE, Zaabu D	15 UGA	31.64	31.66 6,00
11.	TIN WAN YUEN, MATTEO	16 MRI	31.00	32.25 5,00
12.	MBAO, Benaiah Z	15 ZAM	33.93	33.31 4,00
13.	METTLER, Joshua	16 RSA	33.45	34.20 3,00
14.	MAZIKANA, Tonderai	15 ZAM	34.01	34.22 2,00
EXH	AFONSO, Eridney	16 ANG	EXH	34.58 -

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Event 79 Women, 50m Backstroke 17 - 29 years
05/05/2023 - 16:10 Results

RECORD 30.96 LAIRD, Alexis SEY 17/02/2017

Rank	Age		Time	
1.	FREITAS, Maria	26 ANG	35.60	32.98 18,00
2.	STANGE, Maya A	17 NAM	34.21	33.50 16,00
3.	LIMA, Lia	21 ANG	36.37	34.08 14,00
4.	CHRISTIE, Leah E	18 RSA	34.12	34.62 12,00
5.	ENGELHARD, Lisa	18 NAM	35.21	34.85 11,00
6.	DLAMINI, Siwakhile T	17 SWZ	37.91	37.46 10,00
7.	YOUNG, Raya	17 SWZ	36.88	38.00 9,00
8.	CORREIA, Maira L	17 MOZ	38.90	38.20 8,00
9.	GIL, Larissa F	18 MOZ	37.70	38.39 7,00

Event 80 Men, 50m Backstroke 17 - 29 years
05/05/2023 - 16:15 Results

RECORD 27.40 TOM, DONKER ZAM 21/04/2016

Rank	Age		Time	
1.	SALIBOKO, Collins P	21 TAN	28.89	28.55 18,00
2.	FURTADO, Yusseni	18 ANG	28.57	28.57 16,00
3.	LAWRENCE, Matthew G	19 MOZ	28.35	28.80 14,00
4.	MAGONGO, Brave	17 NAM	29.48	29.41 12,00
5.	DE JAGER, Christopher	18 NAM	28.58	29.59 11,00
6.	COSTA, Luyane	22 ANG	29.85	29.72 10,00
7.	PHEEHA, Moloko J	17 RSA	30.58	29.84 9,00
8.	DLAMINI, Simphiwe M	23 SWZ	35.43	35.93 8,00
EXH	AGOSTINHO, Adelino	19 ANG	EXH	31.87 -
EXH	MONTEIRO, Luis	17 ANG	EXH	36.34 -

Event 219 Women, 50m Backstroke 30 years and older
05/05/2023 - 16:15 Results

RECORD 30.96 LAIRD, Alexis SEY 17/02/2017

Rank	Age		Time	
30 - 44 years				
1.	GOMES, Urshlla	36 ZAM	NT	53.41 -

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Event 220 Men, 50m Backstroke 30 years and older
05/05/2023 - 16:15 Results

RECORD 27.40 TOM, DONKER ZAM 21/04/2016

Rank	Age	Time		
30 - 44 years				
1.	ALBERTO, Carlos	30 ANG	NT	30.90 -

Event 81 Girls, 100m Breaststroke 11 - 12 years
05/05/2023 - 16:20 Results

RECORD 1:19.92 KOK SHUN, Alicia MRI 18/02/2017

Points: FINA 2023

Rank	Age	Time	Pts	50m	100m
1.	MBANGA, Zara M	11 UGA	1:22.15	475	
2.	MITI, Sibongile	12 ZAM	1:22.58	468	
3.	CHICUMBE, Angela	11 MOZ	1:27.93	387	
4.	SUUBI, Mary P	12 UGA	1:28.81	376	
5.	MATYAYI, Roselinda	12 NAM	1:31.02	349	
6.	SANTOS, Kaila	11 ANG	1:32.20	336	
7.	MASSINGUE, Estela B	11 MOZ	1:32.85	329	
8.	DESAI, Ayanna M	12 ZAM	1:34.79	309	
9.	MUTIE, Muela	12 BOT	1:41.36	253	
10.	PALHA, Isis	11 ANG	1:41.72	250	
11.	MC NAMARA, Kendra	11 SWZ	1:42.04	248	
12.	KANJADZA, DANIELLE	12 MAW	1:42.19	247	
13.	CHIRWA, Jessie L	12 MAW	1:45.04	227	
14.	WILSCH, Danika	12 SWZ	2:04.86	135	

Event 82 Boys, 100m Breaststroke 11 - 12 years
05/05/2023 - 16:20 Results

RECORD 1:16.36 BURGER, Mikah K NAM 18/02/2017

Points: FINA 2023

Rank	Age	Time	Pts	50m	100m
1.	FRASER, Luca	12 SWZ	1:18.75	376	
2.	KAUMBA, O'jay W	12 ZAM	1:30.29	250	
3.	BAKWENA, Leruo J	11 BOT	1:33.29	226	
4.	MASSIH, Kyle A	12 MOZ	1:34.48	218	
5.	HEKANDJO, Kabelo A	12 NAM	1:38.25	194	
6.	ELIAS, Kaio	12 ANG	1:40.34	182	
7.	CHILISA, Jerone	12 BOT	1:43.84	164	

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Event 83 Girls, 100m Breaststroke 13 - 14 years
05/05/2023 - 16:25 Results

RECORD 1:13.33 VAREN, LUTCHMANEN MRI 22/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	14	RSA	1:22.98	461		
2.	13	BOT	1:25.05	428		
3.	13	RSA	1:25.16	427		
4.	14	BOT	1:25.29	425		
5.	13	MOZ	1:27.61	392		
6.	14	ANG	1:32.95	328		
7.	13	ZAM	1:33.40	323		
8.	14	NAM	1:38.82	273		
9.	13	ANG	1:39.39	268		
10.	14	MAW	1:41.78	250		
EXH	13	ANG	1:32.15	337		

Event 84 Boys, 100m Breaststroke 13 - 14 years
05/05/2023 - 16:25 Results

RECORD 1:08.64 WONG CHAP LAN, Oliver MRI 18/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	13	MOZ	1:16.09	417		
2.	14	NAM	1:17.40	396		
3.	14	NAM	1:17.48	395		
4.	14	ANG	1:18.53	379		
5.	13	RSA	1:20.30	355		
6.	13	MAW	1:20.39	354		
7.	14	ZAM	1:22.20	331		
8.	13	MOZ	1:22.45	328		
9.	14	RSA	1:23.58	315		
10.	14	ANG	1:23.81	312		
11.	14	SWZ	1:25.22	297		
12.	14	BOT	1:27.61	273		
13.	14	ZAM	1:27.91	270		
14.	14	SWZ	1:28.12	268		
15.	13	BOT	1:29.33	258		
EXH	13	ANG	1:29.14	259		

Event 85 Girls, 100m Breaststroke 15 - 16 years
05/05/2023 - 16:30 Results

RECORD 1:14.23 MUNDELL, Christin RSA 18/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	15	RSA	1:21.33	490		
2.	15	RSA	1:21.81	481		
3.	16	ANG	1:23.33	455		
4.	16	NAM	1:23.87	447		
5.	15	BOT	1:24.10	443		
6.	15	MOZ	1:28.99	374		
7.	15	NAM	1:29.69	365		
8.	15	ANG	1:32.19	336		
9.	15	MAW	1:35.05	307		

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Event 85, Girls, 100m Breaststroke

EXH SANTOS, Neizla 15 ANG 1:33.14 326

Event 86 Boys, 100m Breaststroke 15 - 16 years
05/05/2023 - 16:30 Results

RECORD 1:07.47 O'HARA, Liam ZIM 18/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	15	NAM	1:08.54	571		
2.	16	BOT	1:08.66	568		
3.	16	MRI	1:11.96	493		
4.	15	BOT	1:12.37	485		
5.	16	SWZ	1:12.88	475		
6.	16	ANG	1:14.48	445		
7.	16	RSA	1:14.75	440		
8.	15	ZAM	1:17.27	398		
9.	15	ANG	1:17.66	392		
10.	16	RSA	1:17.93	388		
11.	16	ZAM	1:23.72	313		
12.	15	MOZ	1:24.74	302		
13.	16	SWZ	1:26.43	285		
EXH	16	ANG	1:24.09	309		

Event 87 Women, 100m Breaststroke 17 - 29 years
05/05/2023 - 16:35 Results

RECORD 1:16.04 IP HEN CHEUNG, Tessa MRI 18/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	19	NAM	1:20.72	501		
2.	26	ANG	1:20.93	497		
3.	18	RSA	1:23.09	459		
4.	18	NAM	1:25.87	416		

Event 88 Men, 100m Breaststroke 17 - 29 years
05/05/2023 - 16:35 Results

RECORD 1:05.07 JAMES, LAWSON ZIM 22/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	17	MOZ	1:07.31	603		
2.	19	MOZ	1:08.65	568		
3.	23	ANG	1:08.94	561		
4.	20	NAM	1:11.75	498		
5.	19	ZAM	1:12.27	487		
6.	18	ANG	1:12.51	482		
7.	17	SEY	1:12.69	479		
8.	18	NAM	1:18.93	374		
9.	17	MAW	1:24.99	299		
10.	18	LES	1:42.91	168		
	26	LES	1:42.91	168		

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Event 221 Women, 100m Breaststroke 30 years and older
05/05/2023 - 16:40 Results

RECORD 1:16.04 IP HEN CHEUNG, Tessa MRI 18/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
30 - 44 years						
1.	35	ZAM	2:02.17	144		

Event 222 Men, 100m Breaststroke 30 years and older
05/05/2023 - 16:40 Results

RECORD 1:05.07 JAMES, LAWSON ZIM 22/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
30 - 44 years						
1.	32	LES	1:31.19	242		
DSQ	31	ANG				
EXH	26	ANG	1:22.79	324		
EXH	29	ANG	1:30.79	245		

Event 89 Girls, 50m Freestyle 11 - 12 years
05/05/2023 - 16:45 Results

RECORD 28.85 DER WESTHUIZEN PAIGE, VAN ZIM 22/04/2016

Rank	Age		Time		
1.	12	NAM	29.89	29.88	18,00
2.	12	ZAM	30.26	29.98	16,00
3.	12	NAM	30.83	30.41	14,00
4.	11	UGA	30.75	30.67	12,00
5.	11	ZAM	31.12	31.22	11,00
6.	12	MOZ	32.69	32.46	10,00
7.	12	BOT	34.31	32.77	9,00
8.	11	MOZ	33.35	32.79	8,00
9.	12	UGA	33.18	32.81	7,00
10.	12	ANG	32.93	33.26	6,00
11.	11	BOT	33.59	33.80	5,00
12.	12	MAW	35.47	34.42	4,00
13.	11	SWZ	35.71	34.50	3,00
14.	11	ANG	33.00	34.98	2,00
15.	12	MAW	40.12	37.15	1,00
16.	12	SWZ	38.08	37.24	-
EXH	10	ANG		EXH 32.45	-
EXH	10	ANG		EXH 32.51	-

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Event 90 Boys, 50m Freestyle 11 - 12 years
05/05/2023 - 16:45 Results

RECORD 27.26 L'ARROGANT, Hugo MRI 18/02/2019

Rank	Age		Time		
1.	FRASER, Luca	12 SWZ	28.82	28.32	18,00
2.	GUIMARAES, Santiago	12 ANG	29.62	28.43	16,00
3.	JEAN BAPTISTE, Nasri	12 SEY	29.00	29.58	14,00
4.	BAKWENA, Leruo J	11 BOT	29.78	30.00	12,00
5.	KAUMBA, O'jay W	12 ZAM	31.34	30.77	11,00
6.	HEKANDJO, Kabelo A	12 NAM	32.77	31.25	10,00
7.	CHONGWE, IAN	12 MAW	31.06	32.05	9,00
8.	TATI, N'Lwemba	12 ANG	34.19	33.21	8,00
9.	CHILISA, Jerone	12 BOT	31.65	33.24	7,00
10.	MASSIH, Kyle A	12 MOZ	33.69	33.55	6,00
11.	OPPERMAN, Cornelius	11 SEY	33.14	33.80	5,00
12.	MUNTHALI, Kaizer	12 ZAM	33.86	33.95	4,00

Event 91 Girls, 50m Freestyle 13 - 14 years
05/05/2023 - 16:45 Results

RECORD 27.74 NAMUTEBI, Kirabo 18/02/2019

Rank	Age		Time		
1.	MORAIS, Nyriam	14 ANG	29.48	29.19	18,00
2.	JURADO, Stephanie	14 ANG	29.70	29.98	16,00
3.	SALESHANDO, Melodi	13 BOT	29.84	30.04	14,00
4.	TOME, Zuri R	13 MOZ	30.25	30.10	12,00
5.	DUBE, Caitlyn	14 RSA	30.79	30.22	11,00
6.	CHANG, Yun-suh	14 BOT	30.08	30.29	10,00
7.	MPFUMO, Marta C	13 MOZ	30.81	30.56	9,00
8.	GEYSER, Mikayla	14 NAM	30.77	30.60	8,00
9.	KAWESHA, Inutu	13 ZAM	31.12	31.08	7,00
10.	NTSIE, Tshenolo	14 RSA	30.87	31.18	6,00
11.	BERGH, Madison S	14 NAM	32.34	31.36	5,00
12.	NZENGO, RHINNAH	14 MAW	32.58	32.97	4,00
13.	MAKULA, Kyabayinze D	14 UGA	32.80	33.44	3,00
14.	SHONGWE, Sihlelelwe	13 SWZ	38.23	34.84	2,00
EXH	PEDRO, Beatriz	13 ANG	EXH	33.37	-
EXH	CARVALHO, Nayara	13 ANG	EXH	34.87	-

Event 92 Boys, 50m Freestyle 13 - 14 years
05/05/2023 - 16:50 Results

RECORD 24.79 SPIEKER, Ethan R RSA 18/02/2017

Rank	Age		Time		
1.	SMIT, Luka C	14 MAW	26.10	26.37	18,00
2.	KINNAIRD, Liam	14 NAM	27.20	27.01	16,00
3.	INHENSIKO, Peterson	14 UGA	26.93	27.12	14,00
4.	ESTERHUIZEN, Lorenzo E	14 NAM	26.94	27.25	12,00
5.	MULENGA, Joshua	14 ZAM	27.51	27.47	11,00
6.	JAMES, Abongile M	14 RSA	28.00	27.49	10,00
7.	COHEN, Mason E	13 MOZ	27.22	27.52	9,00

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Event 92, Boys, 50m Freestyle, 13 - 14 years

Rank	Age		Time		
8.	SOUSA, Guilherme	14 ANG	28.32	27.55	8,00
9.	FRASER, Tiano	14 SWZ	27.73	27.56	7,00
10.	BADAL, Vache	14 RSA	27.34	27.59	6,00
11.	MENETE, Lazaro H	13 MOZ	28.79	27.84	5,00
12.	CATALDI, Giacinto M	14 ZAM	27.34	27.85	4,00
13.	NAKHUDA, ALYOSHA	14 MRI	28.39	28.25	3,00
14.	MODIRELABANGWE, Tema	13 BOT	29.05	28.64	2,00
15.	MONTEIRO, Kenzo	14 ANG	28.95	29.11	1,00
16.	MKAWEA, TASUNJE	13 MAW	28.27	29.58	-
17.	MOREBODI, Theo	14 BOT	30.09	29.74	-
18.	DE SOUSA, Pedro	14 SWZ	30.44	30.00	-
EXH	NGUVO, William	13 ANG	EXH	29.65	-

Event 93
05/05/2023 - 16:50

Girls, 50m Freestyle

15 - 16 years
Results

RECORD 26.95 MUNRO, Kelsea RSA 18/02/2019

Rank	Age		Time		
1.	RAMDHUN, EUNNICE	15 MRI	28.37	29.18	18,00
2.	HARRY, Kyra	16 BOT	28.99	29.59	16,00
3.	FERNANDES, N'Hara	16 ANG	28.50	29.62	14,00
4.	HUMPHREY, Jessica	15 NAM	29.78	29.87	12,00
5.	MITI, Tamenji	15 ZAM	29.51	29.91	11,00
6.	HOY, Hayley	15 SWZ	29.25	29.92	10,00
7.	RIGBY, Hannah P	15 RSA	29.18	29.94	9,00
8.	KINNAIRD, Levette B	16 NAM	29.52	30.17	8,00
9.	CHANG, Jieun	15 BOT	30.76	30.35	7,00
10.	VIEIRA, Alexia	15 ANG	30.00	30.77	6,00
11.	LANGA, Rany D	16 MOZ	30.71	31.50	5,00
12.	VALLI, Farhah	15 RSA	31.20	31.53	4,00
13.	REBELLO, ZOE	15 MAW	31.81	31.70	3,00
14.	DOMINGUES, Ana Beatriz F	15 MOZ	31.23	31.86	2,00
EXH	NUNES, Ana Lueji	15 ANG	EXH	32.03	-
EXH	SANTOS, Inara	15 ANG	EXH	32.04	-

Event 94
05/05/2023 - 16:55

Boys, 50m Freestyle

15 - 16 years
Results

RECORD 24.25 MOLL, Jandre J RSA 18/02/2017

Rank	Age		Time		
1.	BOCA, Diego S	16 MOZ	25.19	24.93	18,00
2.	ENGELHARD, Robin	16 NAM	24.50	25.01	16,00
3.	METTLER, Joshua	16 RSA	25.07	25.11	14,00
4.	DURAND, Oliver B	15 NAM	25.14	25.23	12,00
5.	MUNGUAMBE, Cleyton A	16 MOZ	25.32	25.36	11,00
6.	TATI, Janel	16 ANG	25.65	25.39	10,00
7.	MATTHEWS, Mmusi	16 BOT	25.67	25.80	9,00
8.	ANJOS, Enzo	15 ANG	26.23	26.12	8,00
9.	KEITSILE, Gaamangwe J	15 BOT	26.25	26.21	7,00

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Event 94, Boys, 50m Freestyle, 15 - 16 years

Rank	Age		Time			
10.	MBAO, Benaiah Z	15	ZAM	26.44	26.23	6,00
11.	DE SOUSA, Damien	16	SWZ	26.55	26.72	5,00
12.	HUFNER, Bayanda J	16	RSA	26.69	27.35	4,00
13.	SYAMUJAYE, Mudenda	16	ZAM	26.84	27.48	3,00
14.	JELE, Cameron T	16	SWZ	28.08	28.31	2,00
EXH	AFONSO, Eridney	16	ANG	EXH	28.68	-

Event 95 Women, 50m Freestyle 17 - 29 years
05/05/2023 - 16:55 Results

RECORD 27.05 LAIRD, Alexus SEY 18/02/2017

Rank	Age		Time			
1.	MUTUMBULUA, Trisha	18	NAM	28.13	28.11	18,00
2.	CHRISTIE, Leah E	18	RSA	28.36	28.52	16,00
3.	STANGE, Maya A	17	NAM	29.04	28.67	14,00
4.	FREITAS, Maria	26	ANG	28.28	28.79	12,00
5.	SANFORD, Natalie A	18	UGA	27.47	29.50	11,00
6.	SANTO, Rafaela	18	ANG	29.89	29.61	10,00
7.	MATEUS, Alicia E	18	MOZ	29.06	30.16	9,00
8.	DLAMINI, Siwakhile T	17	SWZ	31.41	30.62	8,00
9.	PIO, Teegan	17	RSA	29.17	30.77	7,00
10.	GIL, Larissa F	18	MOZ	30.88	31.77	6,00
11.	YOUNG, Raya	17	SWZ	32.52	32.20	5,00

Event 96 Men, 50m Freestyle 17 - 29 years
05/05/2023 - 16:55 Results

RECORD 23.78 TOM, Donker ZAM 18/02/2017

Rank	Age		Time			
1.	MASCARENHAS, Henrique	21	ANG	23.93	24.23	18,00
2.	SHAMAMBO, Damien S	19	ZAM	24.78	24.93	16,00
	SALIBOKO, Collins P	21	TAN	24.44	24.93	16,00
4.	HENNING, Marco T	20	NAM	25.40	24.96	12,00
5.	LAWRENCE, Matthew G	19	MOZ	24.23	25.01	11,00
6.	FURTADO, Yusseni	18	ANG	25.00	25.03	10,00
7.	LOBO, Caio M	17	MOZ	25.16	25.39	9,00
8.	PHEEHA, Moloko J	17	RSA	25.05	25.44	8,00
9.	MAGONGO, Brave	17	NAM	25.41	25.55	7,00
10.	MWAMBA, Wina M	19	ZAM	26.02	26.63	6,00
11.	NAGAPIN, Nathan	17	SEY	25.30	26.93	5,00
12.	DLAMINI, Simanga	25	SWZ	27.47	27.80	4,00
13.	DLAMINI, Simphiwe M	23	SWZ	28.20	28.31	3,00
14.	BANDA, ASHER	17	MAW	28.71	28.90	2,00
15.	MOTSOPA, Thabo	17	LES	NT	34.36	1,00
16.	NKABANE, Lelingoana	26	LES	28.76	35.62	-
EXH	MONTEIRO, Luis	17	ANG	EXH	26.93	-
EXH	AGOSTINHO, Adelino	19	ANG	EXH	27.25	-

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Event 223 Women, 50m Freestyle 30 years and older
05/05/2023 - 17:00 Results

RECORD 27.05 LAIRD, Alexus SEY 18/02/2017

Rank	Age			Time
30 - 44 years				
1.	36	ZAM	NT	40.32 -
1. GOMES, Urshlla				

Event 224 Men, 50m Freestyle 30 years and older
05/05/2023 - 17:00 Results

RECORD 23.78 TOM, Donker ZAM 18/02/2017

Rank	Age			Time
30 - 44 years				
1.	30	ZAM	NT	26.00 -
1. SHONE, Matthew				
2.	30	ANG	NT	26.96 -
2. ALBERTO, Carlos				
EXH	26	ANG	NT	28.39 -
EXH AFONSO, Luciano				
EXH	29	ANG	NT	31.03 -
EXH MANUEL, Samuel				

Event 97 Mixed, 4 x 100m Medley 14 years and younger
05/05/2023 - 17:00 Results

RECORD 4:28.11 Republic of South Africa RSA 18/02/2019

Rank	Age			Time
1. NAM 1 NAM NT 4:37.27 18,00				
	12	1:10.01	ESTERHUIZEN, Lorenzo E	14 1:03.78
	14	1:18.57	GEYSER, Mikayla	14 1:04.91
2. RSA 1 RSA 4:39.24 4:43.95 16,00				
	14	1:06.59	NTAKA, Siyanda L	14 1:08.44
	14	1:23.22	MAGOTSI, Riziki A	13 1:05.70
3. ANG 1 ANG NT 4:44.30 14,00				
	14	1:15.70	FURTADO, Marco	13 1:07.34
	14	1:17.72	MORAIS, Nyriam	14 1:03.54
4. MOZ 1 MOZ 4:47.29 4:45.66 12,00				
	13	1:19.49	DOS SANTOS, Abdul R	14 1:07.02
	13	1:14.29	TOME, Zuri R	13 1:04.86
5. ZAM 1 ZAM NT 5:00.28 11,00				
	14	1:13.54	MULENGA, Joshua	14 1:11.12
	12	1:24.92	MBEWE, Winnie M	13 1:10.70
6. BOT 1 BOT 5:06.30 5:16.20 10,00				
	13	1:18.13	MODIRELABANGWE, Tema	13 1:19.59
	14	1:28.88	SALESHANDO, Melodi	13 1:09.60

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Event 98 Mixed, 4 x 100m Medley 15 - 29 years
05/05/2023 - 17:05 Results

RECORD 4:17.46 Republic of South Africa RSA 18/02/2019

Rank					Time	
1.	NAM 1		NAM	NT	4:18.35	18,00
	HUMPHREY, Jessica	15	23:58:38.46	HENNING, Marco T	20	
	DURAND, Oliver B	15	13.43	MUTUMBULUA, Trisha	18	1:02.50
2.	ANG 1		ANG	NT	4:21.00	16,00
	GORDO, Salvador	20	1:02.05	LIMA, Lia	21	1:07.15
	PIRES, Djamel	19	1:09.84	FREITAS, Maria	26	1:01.96
3.	MOZ 1		MOZ	4:26.65	4:27.68	14,00
	DOMINGUES, Ana Beatriz F	15	1:18.31	LAWRENCE, Matthew G	19	56.97
	LOBO, Caio M	17	1:08.27	MATEUS, Alicia E	18	1:04.13
4.	RSA 1		RSA	4:28.82	4:37.92	12,00
	SEKANO, Kutlwano R	15	23:58:43.84	PHEEHA, Moloko J	17	
	VALLI, Farhah	15	9.96	CHRISTIE, Leah E	18	1:04.97
5.	BOT 1		BOT	4:37.50	4:57.27	11,00
	HARRY, Kyra	16	1:03.42	KEITSILE, Gaamangwe J	15	1:07.31
	CHANG, Jieun	15	1:47.05	MATTHEWS, Mmusi	16	59.49

7 - Morning Session - 6 May 2023

06/05/2023 - 9:30

Event 99 Girls, 200m Butterfly 11 - 14 years
06/05/2023 - 9:30 Results

RECORD 2:28.01 OLIVER, Tori C RSA 19/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	12	UGA	2:46.75	389				
2.	14	MRI	2:53.81	344				
3.	13	MOZ	2:59.40	313				
4.	12	NAM	3:06.89	276				
5.	14	ANG	3:21.86	219				
6.	12	MOZ	3:31.54	190				
7.	13	ANG	3:37.81	174				
DNF	14	RSA						

Event 100 Boys, 200m Butterfly 11 - 14 years
06/05/2023 - 9:35 Results

RECORD 2:19.83 AH YONG, Victor MRI 19/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	14	NAM	2:25.81	433				
2.	14	RSA	2:40.80	323				
3.	14	RSA	2:47.07	288				
4.	14	NAM	2:49.80	274				
5.	13	ANG	2:51.52	266				
6.	14	ZAM	2:51.76	265				
7.	14	ANG	2:55.58	248				
8.	13	MAW	3:04.83	212				
DSQ	13	MOZ	3:03.55					
DNS	14	ZAM						

CANA Zone IV Swimming Championship-Angola 2023
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Event 101 Girls, 200m Butterfly 15 - 16 years
06/05/2023 - 9:40 Results

RECORD 2:30.12 STERGIADIS, Heleni NAM 19/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	HOY, Hayley	15	SWZ	2:45.30	400			
2.	NAUKOSHO, Ariana	16	NAM	2:51.22	360			
3.	KINNAIRD, Levette B	16	NAM	2:54.59	339			
4.	ZHUKOV, Aleksandra	15	ANG	3:00.05	309			
5.	FATIMA, Welwitchia	15	ANG	3:00.36	308			
6.	FERNANDES, Sophie M	16	MOZ	3:03.47	292			
7.	DOMINGUES, Ana Beatriz F	15	MOZ	3:07.54	274			
8.	MARITE, Mmabatho M	15	RSA	3:14.19	246			

Event 102 Boys, 200m Butterfly 15 - 16 years
06/05/2023 - 9:45 Results

RECORD 2:13.68 FREEMAN, James S 19/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	DURAND, Oliver B	15	NAM	2:10.84	599	#		
2.	MUNGUAMBE, Cleyton A	16	MOZ	2:11.70	588			
3.	TIN WAN YUEN, MATTEO	16	MRI	2:21.37	475			
4.	KEITSILE, Gaamangwe J	15	BOT	2:22.99	459			
5.	ANJOS, Enzo	15	ANG	2:25.30	437			
6.	BREDEL, Rafael	15	ANG	2:36.24	352			
7.	FERREIRA, Bruno R	15	MOZ	2:37.76	342			
8.	MOTHIBATSELA, Ntsika	15	BOT	2:38.12	339			
9.	MAZIKANA, Tonderai	15	ZAM	2:45.39	296			

Event 103 Women, 200m Butterfly 17 - 29 years
06/05/2023 - 9:45 Results

RECORD 2:24.51 KAY, SARAH RSA 10/01/2009

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	LIMA, Lia	21	ANG	2:30.07	534			
2.	REDECKER, Nicole	19	NAM	2:35.20	483			
3.	PIO, Teegan	17	RSA	2:35.38	481			
4.	ENGELHARD, Lisa	18	NAM	2:36.51	471			

Event 104 Men, 200m Butterfly 17 - 29 years
06/05/2023 - 9:50 Results

RECORD 2:06.14 PEDRO, PINOTES ANG 23/04/2016

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	GORDO, Salvador	20	ANG	2:10.62	602			
2.	SALIBOKO, Collins P	21	TAN	2:11.16	595			
3.	FAFTINE, Kaio d	17	MOZ	2:15.19	543			
4.	WELLMANN, Arkell J	20	NAM	2:15.98	534			
5.	HENNING, Marco T	20	NAM	2:23.88	451			
6.	COSTA, Luyane	22	ANG	2:30.94	390			
7.	MWAMBA, Wina M	19	ZAM	2:31.25	388			
8.	PHEEHA, Moloko J	17	RSA	2:35.68	356			

CANA Zone IV Swimming Championship-Angola 2023
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Event 225 Women, 200m Butterfly 30 years and older
06/05/2023 - 9:55 Results

RECORD 2:24.51 KAY, SARAH RSA 10/01/2009

Points: FINA 2023

Rank	Age	Time	Pts	50m	100m	150m	200m
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Event 226 Men, 200m Butterfly 30 years and older
06/05/2023 - 9:55 Results

RECORD 2:06.14 PEDRO, PINOTES ANG 23/04/2016

Points: FINA 2023

Rank	Age	Time	Pts	50m	100m	150m	200m
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Event 105 Girls, 100m Freestyle 11 - 12 years
06/05/2023 - 9:55 Results

RECORD 1:03.80 DER WESTHUIZEN PAIGE, JVAN ZIM 23/04/2016

Points: FINA 2023

Rank	Age	Time	Pts	50m	100m
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1.	MBANGA, Zara M	11	UGA	1:06.43	471		
2.	MITI, Sibongile	12	ZAM	1:07.76	444		
3.	CHICUMBE, Angela	11	MOZ	1:08.46	430		
4.	MATYAYI, Roselinda	12	NAM	1:08.96	421		
5.	CHAMA, Natania	11	ZAM	1:11.11	384		
6.	SUUBI, Mary P	12	UGA	1:11.47	378		
7.	MOREBODI, Maeva	11	BOT	1:12.97	355		
8.	MUTIE, Muela	12	BOT	1:13.54	347		
9.	LOBO, Liah C	12	MOZ	1:13.62	346		
10.	LIMA, Mariana	12	ANG	1:16.29	311		
11.	MC NAMARA, Kendra	11	SWZ	1:16.42	309		
12.	PALHA, Isis	11	ANG	1:16.48	309		
13.	KANJADZA, DANIELLE	12	MAW	1:18.12	290		
14.	MTSETFWA, Sibó	12	SWZ	1:28.35	200		
EXH	MORAIS, Wezza	10	ANG	1:11.74	374		
EXH	MORAIS, Wendy	10	ANG	1:12.91	356		

Event 106 Boys, 100m Freestyle 11 - 12 years
06/05/2023 - 10:00 Results

RECORD 1:00.69 BURGER, Mikah K NAM 19/02/2017

Points: FINA 2023

Rank	Age	Time	Pts	50m	100m
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1.	FRASER, Luca	12	SWZ	1:01.82	435		
2.	GUIMARAES, Santiago	12	ANG	1:02.70	417		
3.	JEAN BAPTISTE, Nasri	12	SEY	1:04.24	388		
4.	BAKWENA, Leruo J	11	BOT	1:08.08	326		
5.	HEKANDJO, Kabelo A	12	NAM	1:10.06	299		
6.	KAUMBA, O'jay W	12	ZAM	1:10.48	293		
7.	CHONGWE, IAN	12	MAW	1:11.32	283		
8.	OPPERMAN, Cornelius	11	SEY	1:13.07	263		
9.	CHILISA, Jerone	12	BOT	1:14.00	253		
10.	MASSIH, Kyle A	12	MOZ	1:14.34	250		
11.	MUNTHALI, Kaizer	12	ZAM	1:14.44	249		
12.	ELIAS, Kaio	12	ANG	1:17.68	219		

CANA Zone IV Swimming Championship-Angola 2023
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Event 107
06/05/2023 - 10:00

Girls, 100m Freestyle

13 - 14 years
Results

RECORD	1:01.42	ANN BROWN, Kelly	RSA	19/02/2019
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Points: FINA 2023

Rank	Age	Country	Time	Pts	50m	100m
1.	14	ANG	1:04.07	525		
2.	14	NAM	1:04.93	505		
3.	14	MRI	1:05.05	502		
4.	13	RSA	1:05.14	500		
5.	13	MOZ	1:05.60	489		
6.	13	BOT	1:06.22	476		
7.	14	NAM	1:07.28	454		
8.	13	MOZ	1:07.52	449		
9.	14	ANG	1:07.74	444		
10.	14	BOT	1:08.04	438		
11.	14	RSA	1:08.71	426		
12.	13	ZAM	1:09.42	413		
13.	13	ZAM	1:09.58	410		
14.	14	UGA	1:12.17	367		
15.	14	MAW	1:17.67	295		
16.	13	SWZ	1:21.81	252		
EXH	13	ANG	1:20.28	267		
EXH	13	ANG	1:23.30	239		

Event 108
06/05/2023 - 10:05

Boys, 100m Freestyle

13 - 14 years
Results

RECORD	54.81	SPIEKER, Ethan R	RSA	19/02/2017
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Points: FINA 2023

Rank	Age	Country	Time	Pts	50m	100m
1.	14	MAW	58.16	523		
2.	14	MRI	59.32	492		
3.	14	ZAM	59.93	478		
4.	14	NAM	1:00.10	474		
5.	14	ANG	1:00.22	471		
6.	14	NAM	1:00.78	458		
7.	14	RSA	1:02.32	425		
8.	14	RSA	1:02.36	424		
9.	13	MOZ	1:03.21	407		
10.	14	ANG	1:03.37	404		
11.	14	SWZ	1:04.28	387		
12.	14	MOZ	1:04.71	379		
13.	14	BOT	1:05.58	364		
14.	13	BOT	1:06.47	350		
15.	13	MAW	1:08.85	315		
16.	14	SWZ	1:12.11	274		
DNS	14	ZAM				
EXH	13	ANG	1:14.24	251		

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Event 109 Girls, 100m Freestyle 15 - 16 years
06/05/2023 - 10:10 Results

RECORD 59.82 MUNRO, Kelsea RSA 19/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	15	RSA	1:03.33	544		
2.	15	MRI	1:03.70	534		
3.	15	NAM	1:03.76	533		
4.	16	BOT	1:03.91	529		
5.	16	ANG	1:04.61	512		
6.	16	NAM	1:06.52	469		
7.	16	ANG	1:06.65	467		
8.	16	MOZ	1:09.10	419		
9.	15	MAW	1:09.49	412		
10.	15	RSA	1:09.79	406		
11.	16	MOZ	1:10.45	395		
EXH	15	ANG	1:10.57	393		
EXH	15	ANG	1:12.27	366		

Event 110 Boys, 100m Freestyle 15 - 16 years
06/05/2023 - 10:10 Results

RECORD 53.39 BOSCH, Matthew RSA 19/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	15	NAM	54.39	639		
2.	16	MOZ	55.14	613		
3.	16	MOZ	55.79	592		
4.	16	ANG	56.47	571		
5.	16	NAM	56.49	570		
6.	16	RSA	57.19	550		
7.	15	BOT	57.21	549		
8.	15	ANG	57.99	527		
9.	16	RSA	59.19	496		
10.	15	ZAM	59.20	495		
11.	16	BOT	59.69	483		
12.	16	SWZ	1:00.27	470		
13.	15	UGA	1:01.53	441		
14.	16	ZAM	1:01.72	437		
sick	16	SWZ				

Event 111 Women, 100m Freestyle 17 - 29 years
06/05/2023 - 10:15 Results

RECORD 59.64 LAIRD, Alexis SEY 19/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	26	ANG	1:01.83	584		
2.	18	RSA	1:03.34	544		
3.	18	NAM	1:03.54	538		
4.	18	ANG	1:04.28	520		
5.	18	MOZ	1:05.38	494		
6.	18	NAM	1:05.59	490		
7.	17	RSA	1:07.35	452		
8.	17	SWZ	1:09.05	419		
9.	18	UGA	1:10.39	396		

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Event 111, Women, 100m Freestyle, 17 - 29 years

Rank	Age		Time	Pts	50m	100m
10.	17	SWZ	1:10.95	387		
11.	18	MOZ	1:11.44	379		

Event 112 Men, 100m Freestyle 17 - 29 years
06/05/2023 - 10:15 Results

RECORD	51.52	BRADLEY, VINCENT	MRI		23/04/2016
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Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
1.	21	ANG	52.74	701		
2.	19	MOZ	53.41	675		
3.	20	NAM	53.55	670		
4.	21	TAN	53.59	668		
5.	17	RSA	55.37	606		
6.	20	NAM	55.65	597		
7.	18	ANG	56.47	571		
8.	25	SWZ	1:01.44	443		
9.	23	SWZ	1:02.79	415		
10.	17	MAW	1:06.14	355		
11.	17	LES	1:24.11	172		
12.	26	LES	1:39.76	103		
EXH	17	ANG	1:11.44	282		

Event 227 Women, 100m Freestyle 30 years and older
06/05/2023 - 10:15 Results

RECORD	59.64	LAIRD, Alexis	SEY		19/02/2017
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Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
30 - 44 years						
1.	36	ZAM	1:37.62	148		

Event 228 Men, 100m Freestyle 30 years and older
06/05/2023 - 10:20 Results

RECORD	51.52	BRADLEY, VINCENT	MRI		23/04/2016
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Points: FINA 2023

Rank	Age		Time	Pts	50m	100m
30 - 44 years						
1.	30	ZAM	58.10	524		
2.	30	ANG	59.05	499		
3.	31	ANG	1:03.13	408		
EXH	25	ANG				
EXH	26	ANG	1:06.22	354		
EXH	29	ANG	1:12.56	269		

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Event 113 Girls, 200m Medley 11 - 12 years
06/05/2023 - 10:20 Results

RECORD 2:41.25 SEYFFERT, Tailyn RSA 09/05/2015

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	12	NAM	2:40.79	482 #				
2.	11	UGA	2:45.66	441				
3.	12	UGA	2:49.46	412				
4.	11	MOZ	2:50.42	405				
5.	12	ZAM	2:52.99	387				
6.	11	BOT	3:04.15	321				
7.	11	MOZ	3:06.70	308				
8.	12	ANG	3:07.84	302				
9.	12	ZAM	3:10.91	288				
10.	11	ANG	3:15.77	267				
11.	12	MAW	3:20.10	250				
EXH	10	ANG	3:07.44					
<i>MORAIS, Wendy</i>								
<i>EXH SWIMMER</i>								

Event 114 Boys, 200m Medley 11 - 12 years
06/05/2023 - 10:25 Results

RECORD 2:31.82 BURGER, Mikah K NAM 19/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	12	SWZ	2:40.17	360				
2.	12	ANG	2:42.22	347				
3.	12	NAM	2:52.28	289				
4.	11	BOT	3:02.42	244				
5.	12	ZAM	3:04.75	234				
6.	12	ANG	3:09.71	216				
7.	12	BOT	3:14.05	202				
8.	12	MOZ	3:14.11	202				

Event 115 Girls, 200m Medley 13 - 14 years
06/05/2023 - 10:30 Results

RECORD 2:30.46 KUHN, Emma A RSA 19/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	14	NAM	2:42.69	465				
2.	14	ANG	2:42.77	465				
3.	14	NAM	2:46.45	435				
4.	13	ANG	2:48.65	418				
5.	14	RSA	2:49.11	414				
6.	13	BOT	2:50.14	407				
7.	13	MOZ	2:58.02	355				
8.	13	MOZ	2:58.09	355				
9.	13	RSA	3:00.38	341				
10.	13	ZAM	3:11.48	285				

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Event 116 Boys, 200m Medley 13 - 14 years
06/05/2023 - 10:35 Results

RECORD 2:20.05 SPIEKER, Ethan R RSA 19/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	14	ESTERHUIZEN, Lorenzo E	2:25.48	481				
2.	14	KINNAIRD, Liam	2:27.33	463				
3.	13	COHEN, Mason E	2:32.78	415				
4.	14	NAKHUDA, ALYOSHA	2:34.89	398				
5.	14	MANUEL, Silverio	2:36.36	387				
6.	14	DOS SANTOS, Abdul R	2:37.15	381				
7.	14	MULENGA, Joshua	2:39.84	362				
8.	14	NTAKA, Siyanda L	2:43.00	342				
9.	13	PARUK, Ridha	2:43.94	336				
10.	13	FURTADO, Marco	2:44.65	331				
11.	14	SMIT, Luka C	2:46.58	320				
12.	13	CAPLE, Preston	2:49.16	306				
13.	14	MOREBODI, Theo	2:49.29	305				
14.	13	MKAWEA, TASUNJE	2:51.69	292				
DNS	14	DESAI, Aaryan S						

Event 117 Girls, 200m Medley 15 - 16 years
06/05/2023 - 10:35 Results

RECORD 2:26.18 MUNDELL, Christin RSA 19/02/2017

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	15	RIGBY, Hannah P	2:31.49	577				
2.	15	BRINKMANN, Maja J	2:33.33	556				
3.	15	HUMPHREY, Jessica	2:36.24	525				
4.	15	HOY, Hayley	2:44.15	453				
5.	15	VIEIRA, Alexia	2:46.99	430				
6.	15	RAMDHUN, EUNNICE	2:49.04	415				
7.	15	VALLI, Farhah	2:49.88	409				
8.	15	MITI, Tamenji	2:51.16	400				
9.	16	HARRY, Kyra	2:52.61	390				
10.	16	XAVIER, Filipa A	2:56.49	364				
11.	16	LOURENCO, Milena	2:57.19	360				
12.	15	DOMINGUES, Ana Beatriz F	2:57.47	358				
EXH	15	SANTOS, Neizla	3:04.05	321				

Event 118 Boys, 200m Medley 15 - 16 years
06/05/2023 - 10:40 Results

RECORD 2:15.77 CASALI, Cameron J RSA 19/02/2019

Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	15	DURAND, Oliver B	2:16.89	577				
2.	16	TIN WAN YUEN, MATTEO	2:19.29	548				
3.	16	MATTHEWS, Mmusi	2:23.20	504				
4.	16	ENGELHARD, Robin	2:23.94	496				
5.	16	BOCA, Diego S	2:29.22	445				
6.	16	BEUKES, Wade	2:30.48	434				
7.	15	SETHI, Khalil	2:31.00	430				
8.	15	ELIAS, Yano	2:32.80	415				
9.	15	DAVID, Padre	2:33.62	408				

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Event 118, Boys, 200m Medley, 15 - 16 years

Rank	Age		Time	Pts	50m	100m	150m	200m
10.	COONEY, Zoah	15	ZAM	2:36.92	383			
11.	METTLER, Joshua	16	RSA	2:38.07	375			
12.	MBAO, Benaiah Z	15	ZAM	2:42.49	345			
DSQ	FERREIRA, Bruno R	15	MOZ	2:38.64				

Event 119 Women, 200m Medley 17 - 29 years
06/05/2023 - 10:45 Results

RECORD	2:28.63	LEE, Robyn	ZIM	19/02/2017
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Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	FREITAS, Maria	26	ANG	2:33.05	559			
2.	LIMA, Lia	21	ANG	2:34.69	541			
3.	REDECKER, Nicole	19	NAM	2:36.55	522			
4.	CHRISTIE, Leah E	18	RSA	2:46.52	434			
5.	SANFORD, Natalie A	18	UGA	2:48.04	422			
6.	MATEUS, Alicia E	18	MOZ	2:50.32	406			
7.	PIO, Teegan	17	RSA	2:50.93	401			
8.	MUTUMBULUA, Trisha	18	NAM	2:55.17	373			
9.	CORREIA, Maira L	17	MOZ	3:07.56	304			

Event 120 Men, 200m Medley 17 - 29 years
06/05/2023 - 10:50 Results

RECORD	2:07.94	PINOTES, Pedro	ANG	09/05/2015
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Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
1.	FAFTINE, Kaio d	17	MOZ	2:14.34	611			
2.	WELLMANN, Arkell J	20	NAM	2:15.70	592			
3.	LOBO, Caio M	17	MOZ	2:16.09	587			
4.	PIRES, Djamel	19	ANG	2:21.33	524			
5.	DE JAGER, Christopher	18	NAM	2:23.96	496			
6.	PHEEHA, Moloko J	17	RSA	2:28.89	448			
7.	FREITAS, Filipe	18	ANG	2:29.31	445			
8.	NAGAPIN, Nathan	17	SEY	2:29.69	441			
EXH	AGOSTINHO, Adelino	19	ANG	2:39.46	365			
EXH	MONTEIRO, Luis	17	ANG	2:50.40	299			

Event 229 Women, 200m Medley 30 years and older
06/05/2023 - 10:50 Results

RECORD	2:28.63	LEE, Robyn	ZIM	19/02/2017
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Points: FINA 2023

Rank	Age		Time	Pts	50m	100m	150m	200m
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Event 230 Men, 200m Medley 30 years and older
06/05/2023 - 10:50 Results

RECORD 2:07.94 PINOTES, Pedro ANG 09/05/2015

Points: FINA 2023

Rank	Age	Time	Pts	50m	100m	150m	200m
EXH	AFONSO, Luciano	26	ANG	3:01.09	249		

Event 121 Girls, 4 x 50m Freestyle 14 years and younger
06/05/2023 - 10:55 Results

RECORD 1:55.27 Republic of South Africa RSA 19/02/2019

Rank			Time	
1.	RSA 1	RSA	2:01.52	2:00.74 18,00
	DUBE, Caitlyn	14	THOBEHA, Naledi	14
	MAGOTSI, Riziki A	13	NTSIE, Tshenolo	14
2.	MOZ 1	MOZ	2:04.03	2:02.60 16,00
	MPFUMO, Marta C	13	ALBINO, Nemzi L	13
	CHICUMBE, Angela	11	TOME, Zuri R	13
3.	ANG 1	ANG	NT	2:03.59 14,00
	SANTO, Rhanya	13	MORAIS, Wendy	10
	JURADO, Stephanie	14	MORAIS, Nyriam	14
4.	ZAM 1	ZAM	2:05.86	2:04.89 12,00
	MITI, Sibongile	12	CHAMA, Natania	11
	KAWESHA, Inutu	13	MBEWE, Winnie M	13
5.	BOT 1	BOT	2:04.53	2:06.26 11,00
	CHANG, Yun-suh	14	KESILWE, Kutlo L	13
	MOREBODI, Maeva	11	SALESHANDO, Melodi	13
6.	UGA 1	UGA	2:11.00	2:11.28 10,00
	TINO, Alicia	11	MBANGA, Zara M	11
	MAKULA, Kyabayinze D	14	SUUUBI, Mary P	12
7.	SWZ 1	SWZ	NT	2:25.63 9,00
	SHONGWE, Sihlelelwe	13	MTSETFWA, Sibob	12
	WILSCH, Danika	12	MC NAMARA, Kendra	11

Event 122 Boys, 4 x 50m Freestyle 14 years and younger
06/05/2023 - 11:00 Results

RECORD 1:46.02 Republic of South Africa RSA 19/02/2017

Rank			Time	
1.	MOZ 1	MOZ	1:53.01	1:50.44 18,00
	MENETE, Lazaro H	13	DOS SANTOS, Abdul R	14
	MARQUES, Rodrigo D	13	COHEN, Mason E	13
2.	RSA 1	RSA	1:55.42	1:52.33 16,00
	BADAL, Vache	14	JAMES, Abongile M	14
	NTAKA, Siyanda L	14	PARUK, Ridha	13
3.	ZAM 1	ZAM	1:54.58	1:53.02 14,00
	MULENGA, Joshua	14	KAUMBA, O'jay W	12
	CATALDI, Giacinto M	14	GOMES, Seth	14
4.	ANG 1	ANG	NT	1:53.19 12,00
	SOUSA, Guilherme	14	MANUEL, Silverio	14
	GUIMARAES, Santiago	12	FURTADO, Marco	13

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Event 122, Boys, 4 x 50m Freestyle, 14 years and younger

Rank					Time	
5.	SWZ 1		SWZ	NT	1:55.58	11,00
	FRASER, Luca	12	WAY, Tristan	13		
	DE SOUSA, Pedro	14	FRASER, Tiano	14		
6.	BOT 1		BOT	1:59.13	1:58.36	10,00
	BAKWENA, Leruo J	11	MOREBODI, Theo	14		
	CAPLE, Preston	13	MODIRELABANGWE, Tema	13		
7.	MAW 1		MAW	NT	1:59.24	9,00
	MAKWENDA, JEREMIAH T	13	MKAVEA, TASUNJE	13		
	CHONGWE, IAN	12	SMIT, Luka C	14		

Event 123
06/05/2023 - 11:00

Women, 4 x 50m Freestyle

15 - 29 years
Results

RECORD 1:52.87 ZIM A cana 17 ZIM 19/02/2017

Rank					Time	
1.	ANG 1		ANG	NT	1:55.28	18,00
	FERNANDES, N'Hara	16	SANTO, Rafaela	18		
	LIMA, Lia	21	FREITAS, Maria	26		
2.	NAM 1		NAM	1:56.47	1:55.65	16,00
	STANGE, Maya A	17	KINNAIRD, Levette B	16		
	HUMPHREY, Jessica	15	MUTUMBULUA, Trisha	18		
3.	RSA 1		RSA	1:57.68	1:59.98	14,00
	RIGBY, Hannah P	15	PIO, Teegan	17		
	SIBIYA, Sinesipho	15	CHRISTIE, Leah E	18		
4.	MOZ 1		MOZ	2:01.77	2:04.20	12,00
	LANGA, Rany D	16	CORREIA, Maira L	17		
	GIL, Larissa F	18	MATEUS, Alicia E	18		
5.	MAW 1		MAW	NT	2:18.20	11,00
	NZENGO, RHINNAH	14	KANJADZA, DANIELLE	12		
	CHIRWA, Jessie L	12	REBELLO, ZOE	15		

Event 124
06/05/2023 - 11:05

Men, 4 x 50m Freestyle

15 - 29 years
Results

RECORD 1:37.82 MAURITIUS MRI 23/04/2016

Rank					Time	
1.	ANG 1		ANG	NT	1:36.15	18,00 #
	FRANCISCO, Daniel	23	GORDO, Salvador	20		
	FURTADO, Yusseni	18	MASCARENHAS, Henrique	21		
2.	MOZ 1		MOZ	1:39.96	1:38.39	16,00
	BOCA, Diego S	16	MUNGUAMBE, Cleyton A	16		
	LOBO, Caio M	17	LAWRENCE, Matthew G	19		
3.	NAM 1		NAM	1:40.45	1:39.55	14,00
	MAGONGO, Brave	17	ENGELHARD, Robin	16		
	DURAND, Oliver B	15	HENNING, Marco T	20		
4.	ZAM 1		ZAM	1:44.08	1:42.03	12,00
	MBAO, Benaiah Z	15	SYAMUJAYE, Mudenda	16		
	MWAMBA, Wina M	19	SHAMAMBO, Damien S	19		

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Event 124, Men, 4 x 50m Freestyle, 15 - 29 years

Rank				Time	
5.	RSA 1		RSA	1:43.01	1:44.48 11,00
	PHEEHA, Moloko J	17	HUFNER, Bayanda J	16	
	METTLER, Joshua	16	BEUKES, Wade	16	
6.	BOT 1		BOT	1:47.35	1:45.34 10,00
	KEITSILE, Gaamangwe J	15	MOTHIBATSELA, Ntsika	15	
	KHONAT, Rayhan	15	MATTHEWS, Mmusi	16	